Hue: Capacity Bldg. Workshops Yellow: Parent/Child Activities Red: Safety Workshops Orange: Family Literacy Green: Community Events



DECEMBER 2024





| Mon | Tue | Wed | Thu | Fri | Sat | |
|--|---|--|---|-------------------------------------|---------------------------------------|--|
| 2 Hot Cocoa Craft 3:00 pm—Ages 3 & Up BG Library | 3 Let's Talk: Holiday Budgeting 5:00 pm– BRIDGES | 4 Early Learning Coalition (ELC) 9:00 am (appt only) | 5 Let It GO! (Toxic Stress) 4:00 pm—BRIDGES | 6 | 7 Brain Study 10:00 am—BRIDGES | World AIDS Day |
| 9 Jingle Bells 3:00pm—Ages 3 & Up BG Library | 10 Safety Series: Holiday Home Safety | 11 Early Learning Coalition (ELC) 9:00 am (walk ins) HIV/AIDS Awareness 10:00 am—BRIDGES | 12 BRIDGES Book Club presents: The Giving Tree 5:00 pm | 13 | 14 Brain Study 10:00 am—BRIDGES | BRIDGES AT BELLE GLADE |
| 16 Rebel Recovery 11:30 am—3:00pm BRIDGES Snow Globe Pictures 3:00 pm—Ages 3 & Up BG Library | 17 Holiday Obstacle (Each One Teach One) 5:00 pm—BRIDGES | 18 Early Learning Coalition (ELC) 9:00 am (appt only) | 19 | 20 | 21 Brain Study 10:00 am—BRIDGES | 141 SE AVE C BELLE GLADE , FL 33430 OPERATION HOURS MON-FRI 8:30AM—5:30PM |
| 23 | 24 | 25 Christmas | 26 Closed FOR THE Holidays | 27 Closed FOR THE Holidays | 28 Closed FOR THE Holidays | SATURDAY APPT ONLY 10AM -12PM PHONE: 561-992-8210 |
| 30 Closed FOR THE Holidays | 31 Closed FOR THE Holidays | 1 | 2 | 3 | 4 | 001-002-0210 |

MONTHLY THEME

TIS THE SEASON FOR FAMILY

PARENT CHILD ACTIVITY

Hot Cocoa Craft Monday, December 2, 2024 3:00 pm—BG Library Ages 3 & up

Craft your own Hot Cocoa mug and bring to BRIDGES on another date to sip tasty hot cocoa!

> **Jingle Bells** Monday, December 9, 2024 3:00 pm—BG Library Ages 3 & Up

Learn how to make your own cute Jingle Bell craft.

Snow Globe Pictures Monday, December 16, 2024 3:00pm- BG Library Ages 3 & up

Show your favorite memories in these buildable snow globe picture frames.

FAMILY LITERACY

BRIDGES Book Club presents: The Giving Tree Thursday, December 12, 2024 5:00pm—BRIDGES Ages 4 & Up

Giving at its best, this story details the act of selfless giving and represents the relationship between a boy and a tree. Join us for this very heartfelt story of giving and selflessness that is sure to touch the hearts of readers. Santa will make an appearance during this session.

CAPACITY BLDG WORKSHOPS

Let's Talk: Holiday Budgeting Tuesday, December 3, 2024 5:00 pm BRIDGES

Tis the season for giving but not breaking the bank. Join us to discuss ways to make the season bright without overspending.

> Let It GO! (Toxic Stress) Thursday, December 5, 2024 4:00 pm—BRIDGES

Did you know that elevated blood pressure is associated with stress? Come learn how deadly stress can be on your organs and body especially if you are pregnant or planning to be. This session can be a life saver.

HIV/AIDS Awareness Wednesday, December 11, 2024 10:00 am—BRIDGES

Join us to learn about the importance of HIV testing, other STDs and early diagnosis of. Knowing where you can get tested, and knowing how you can connect to care and treatment services.

Holiday Obstacle (Each One Teach One) Tuesday, December 17, 2024 5:00 pm—BRIDGES

During this activity parents will demonstrate how to develop gross motor skills through the use toys and items found throughout the house to fill Santa's sleigh. Parent and child will take turn giving and following directions with the goal of getting all of the items into Santa's sleigh. There's a catch....participants will be blindfolded. This fun gross motor activity will jumpstart your holiday spirit. Join us for an evening of fun.

SAFETY WORKSHOP

Safety Series: Toy & Holiday Home Safety Tuesday, December 10, 2024 5:00 pm—BRIDGES

Kids love to play with toys especially those that are battery operated but did you know that batteries can be extremely dangerous to a child if not handled properly. There are several easy and effective behaviors that parents can share with kids to help reduce their risk of injury. Join us to learn how to have a safe home for the holidays.

COMMUNITY EVENTS

FACEBOOK LIVE https://www.facebook.com/ SafeKidsPalmBeachCounty

English Exchange Tuesdays (December 3 & 10, 2024) 3:00pm—5:00pm **Belle Glade Library**

FREE FAMILY WEEKEND MEAL KITS

Fridays, (December, 6, 13, 20, 2024) 9:00 am-5:00 pm **Belle Glade Library**

Each child ages 18 and younger is eligible for one free weekend meal kit every Friday while supplies last.

EARLY LEARNING COALITION (ELC) Wednesdays, December 4, 11 & 18, 2024

9:00 am—5:00 pm BRIDGES

> **FAU Brain Health Project** December 7, 14, 21, 2024 10:00 am-BRIDGES

Rebel Recovery Monday, December 16, 2024 11:30 am-3:00 pm-BRIDGES

DECEMBER 2024 HIGHLIGHTS