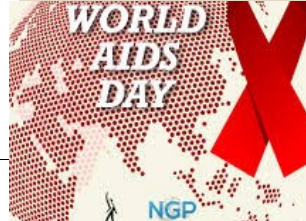


Blue: Capacity Bldg. Workshops  
 Yellow: Parent/Child Activities  
 Red: Safety Workshops  
 Orange: Family Literacy  
 Green: Community Events  
 (E) English (S) Spanish (C) Creole



**December 2024**

Mon	Tue	Wed	Thu	Fri	Sat	
2 	3 <b>Winter Storytime</b> 10:00am-10:45am LVY Library	4 <b>SAC Meeting</b> 5:30pm-6:30pm Pahokee Elementary	5 	6 	7 <b>Holiday Health Fair</b> 12:00 pm 4:00 pm <u>491 E Main street</u>	
9 	10 <b>RMU Sounds of the Seasons</b> 5:00pm-6:00pm Bridges at Pahokee	11 <b>Health Focus Group "Selfcare"</b> 1:00 pm 2:00 pm Pahokee Church of God  <b>Read A Recipe Winter Cards</b> 3:00pm-4:00pm LVY Library	12 <b>Toy/Holiday Safety</b> 1:00pm-2:00pm (E) <u>Facebook/ZOOM Video</u>  <b>Breastfeeding 101</b> 9:00am-10:00am Bridges at Pahokee	13 	14 	
16 <b>City of Pahokee Christmas Parade</b> 6:30pm Pahokee Main St	17 	18 <b>SAC Meeting</b> 9:00am - 10:00am Pahokee Elementary	19 <b>Kids in the Kitchen</b> 5:00pm-6:00pm Bridges at Pahokee	20 	21 <b>Read A Recipe Winter Wonderland</b> 3:00pm-4:00pm LVY Library	
23 	24 	25 	26	27	28 	
30 	31 					



**BRIDGES AT PAHOKEE**  
 170 S Barfield Highway  
 Pahokee, FL 33476  
**PHONE:**  
 561-924-9224

**MAIN OFFICE:**  
 Suite 102

**ACTIVITY BUILDING:**  
 Suite 107

**MONDAY - FRIDAY**  
**8:30am - 5:00pm**  
 Offering parental support, resources, and activities for families and their children.

**Facebook @ BRIDGES - - Pahokee**

# OCTOBER 2024 HIGHLIGHTS

## MONTHLY THEME

**“Heal, Hold & Center!”**  
Resiliency & Community Healing

## PARENT/CHILD ACTIVITIES

**Event:** [RMU “Sounds of the season”](#)  
**Date:** Tuesday, December 10th @ 5:00-6:00pm  
**Place:** BRIDGES at Pahokee

The sweetest moments of the season are the times we share. Both parents and children will make a different ornament that correlates with how different we are as individuals. Lets be creative. Call to RSVP at (561)924-9224

**Event:** [Read a Recipe: WinterCards](#)  
**Date:** Thursday, December 11th @ 4:30pm-5:30pm  
**Place:** LVY Library

Calling all chefs to join us as we FALL into a fabulous snack. Yummy recipes to create and enjoy with your children! RSVP at 561-924-9224.

**Event:** [Kids in the Kitchen](#)  
**Date:** Thursday, December 19th @ 5:00pm-6:00pm  
**Place:** BRIDGES at Pahokee

It smells a lot like Christmas! Create holiday goodies while adding a creative twist!

RSVP at 561-924-9224. *Sponsored by BRIDGES*

## FAMILY LITERACY

**Event:** [Winter Storytime](#)  
**Date:** Tuesday, December 3rd @ 10:00am-10:45am  
**Place:** LVY Library

Join us as we strive to provide children with books for the mind.

**Event:** [Read a Recipe: Winter Wonderland](#)  
**Date:** Saturday, December 21st @ 3:00pm-4:00pm  
**Place:** LVY Library

Join us as we strive to provide children with books for the mind.

For more information call 561-924-9224.

## Capacity Building Activities

**Event:** [School Advisory Council Meeting](#)  
**Date:** Wednesday, December 4th @ 5:30pm – 6:30pm  
**Place:** Pahokee Elementary School Advisory Councils – were created to empower all parents of children attending Palm Beach County Schools to be actively and meaningfully involved in the education of their children. PBCSD believes that informed and engaged parents are the best advocate for their children to meet the social needs and ensure that their child educational need is balanced. **For more information, please call 561-924-9224.**

**Event:** [Health Focus Group “ Self Care”](#)  
**Date:** Thursday December 11th @ 1:00pm-2:00pm  
**Place:** Pahokee Church of God  
Selfcare is crucial for our overall wellbeing and health. Join Bridges at Pahokee and FCHC in teaching families how to develop healthy selfcare plans. You will gain knowledge on how to handle stress and enhance your mental, emotional, and physical wellbeing. **For more information, please call 561-924-9224.**

**Event:** [Breastfeeding 101](#)  
**Date:** Thursday December 12th @ 5:00pm-6:00pm  
**Place:** BRIDGES at Pahokee  
Join Queen Justice Holistic Services for a maternal health support group, designed to educate, empower, and support women in rural areas to reduce maternal and infant mortality, improve birthing outcomes and build community. **To RSVP or for more information, please contact us at 561-924-9224.**

**Event:** [School Advisory Council Meeting](#)  
**Date:** Wednesday, December 18th @ 9:00am – 10:00am  
**Place:** Pahokee Elementary School Advisory Councils – were created to empower all parents of children attending Palm Beach County Schools to be actively and meaningfully involved in the education of their children. PBCSD believes that informed and engaged parents are the best advocate for their children to meet the social needs and ensure that their child educational need is balanced. **For more information, please call 561-924-9224.**



## SAFETY WORKSHOP

**Event:** [Safe Kids– Toys/Holiday Safety](#)  
**Date:** Thursday, December 12th @ 1:00– 2:00pm ENGLISH  
**Place:** Facebook Live Video

BOO! Who loves dressing up or getting their children ready for Halloween? Please join us in learning the different ways and tips on how we can keep our children safe during this holiday season. We will talk about costume safety and ways to make sure little ones are seen while out Trick or Treating. We will also be talking about pedestrian safety tips to keep in mind. Whether your child walks to school, to a friend’s house after school or around the neighborhood, little ones need to know the rules of the road for walkers to be safe. **For more information, please contact us at 561-924-9224.**

## COMMUNITY EVENT

**Event:** [Holiday Health Fair](#)  
**Date:** Saturday, December 7th @ 12:00pm - 4:00pm  
**Place:** Fellowship Hall (First United Methodist Church)

This is FREE community event designed to encourage healthy lifestyles. Prevent and manage diseases and make connections to healthy resources. For more information please call 561.924.9224.

**Event:** [City of Pahokee Christmas Parade](#)  
**Date:** Monday, December 16th @ 6:30pm - 7:30pm  
**Place:** Pahokee Main Street

Come out and enjoy an evening of floats, lights, and performances with the city of Pahokee Parade. If you are interested in joining Bridges at Pahokee in walking, please call 561.924.9224 to RSVP LINE UP AT 5PM !

