

**October 2024**



Blue: Capacity Bldg. Workshops  
 Yellow: Parent/Child Activities  
 Red: Safety Workshops  
 Orange: Family Literacy  
 Green: Community Events  
 Black- Other



Mon	Tue	Wed	Thu	Fri	Sat
	1	2 <u>SAC/Pastelitos w/the Principal</u> 8:15am—9am	3 NO SCHOOL <u>Safety Series</u> "Halloween & Pedestrian Safety" 1pm- 2pm <u>Domestic Violence Awareness Workshop</u> 5:30pm—6:30pm	4 <u>Spanish Literacy</u> 10:30am—12pm	5 <u>Hispanic Heritage Month</u> 12pm -3pm
7	8	9 <u>International Walk to School Day</u>  <u>Story Time</u> 10:30am—11:30am	10 <u>Safety Series</u> "Halloween & Pedestrian Safety" 1pm-2pm	11 <u>Spanish Literacy</u> 10:30am—12pm	12 <u>Copa Unida</u> 12pm—5pm
14 NO SCHOOL	15	16 <u>Raise Me Up "Face to Face" Food Play</u> 4pm—5pm	17 <u>Safety Series</u> "Halloween & Pedestrian Safety" 1pm- 2pm <u>Community Immunization</u> 8am—12pm	18 <u>Spanish Literacy</u> 10:30am—12pm	19 <u>Family Activity</u> " <u>Day of the Dead Catrinas</u> " 10am—11:30am
21	22	23 <u>Raise Me Up "Pass the Ice Cream"</u> 4pm- 5pm	24 <u>Women's Club "Pumpkin Decorating Contest</u> 11am—12:30pm	25 <u>Spanish Literacy</u> 10:30am—12pm  <u>Scream Trunk or Treat Event</u> 6pm—9pm	26
28 <u>Padres Exitosos</u> 5:30pm—6:30pm	29	30	31 		

**BRIDGES At Highland**  
**MAIN OFFICE:**  
 805 Lake Ave  
 LAKE WORTH, FL  
 33460

**PHONE:**  
 561-899-1652  
**FAX :**  
 561-537-5160

**MONDAY - FRIDAY**  
 8:00am - 5:00pm

**www.bridgesofpbc.org**  
**Facebook at BRIDGES Highland**

**OCTOBER IS DOMESTIC VIOLENCE AWARENESS MONTH**

**4,774,000** Women experience physical violence by an intimate partner every year.

**1 IN 3 WOMEN 1 IN 4 MEN** Have been physically abused by an intimate partner.

**20 PER MINUTE** In the United States, an average of 20 people are physically abused by intimate partners every minute; that is more than 10 million abuse victims annually.

**10 MILLION** Kids are exposed to domestic violence each year, 90% of those are eyewitnesses to the abuse.

**25%** The percentage of physical assaults perpetrated against women that are reported to the police annually.

Get it? Domestic violence-related child sexual abuse may be a sign of domestic violence and is reported by age-inappropriate (DS) partners. Abuse/Assault Alleged. © 2023 The Center for Women and Families

# 2024 HIGHLIGHTS

## MONTHLY THEME

“Heal, Hold and Center”

## PARENT CHILD ACTIVITY

**Event: RAISE ME UP “Face to Face” Food Play**  
**Date: October 16, 2024 @ 4pm—5pm**  
**Place: BRIDGES 305 Lake Ave, Lake Worth Beach FI 33460**

It's time to talk about food. You and your child will make faces with food while the two of you talk about colors, shapes, textures, smells and different parts of the face. This is one of the few times in life that playing with food is allowed. Come and join us.

**Sponsored by Child Development Specialist**

**Event: Family Activity “Day of the Dead Catrinas”**  
**Date: October 19, 2024 @ 10am—11:30am**  
**Place: BRIDGES 305 Lake Ave, Lake Worth Beach FI 33460**

Families will work together to create mini Catrinas using Mexican fabric, foam body, flowers, and markers for facial details.

**Arts in My Backyard Cultural Council (Jose Mendez)**

**Event: RAISE ME UP “ Pass the Ice Cream”**  
**Date: October 23, 2024 @ 4pm—5pm**  
**Place: BRIDGES 305 Lake Ave, Lake Worth FI 33460**

We all scream for ice cream! During this parent child activity, children will make their own ice cream. This activity will focus on teaching children how to share and how to take turns.

**Sponsored by Child Development Specialist**

## FAMILY LITERACY

**Event: Story Time**  
**Date: October 9, 2024 @ 10:30am—11:30am**  
**Place: BRIDGES 305 Lake Ave, Lake Worth FI 33460**

The BRIDGES would like for you to join us with your children to enjoy this fun Story Time presented by Lake Worth Library

**Sponsored by Lake Worth Library**

## WORKSHOPS

**Event: SAC/PAC & Pastellitos with the Principal**  
**Date: October 2, 2024 @ 8:15am—9:00am**  
**Place: 500 Highland Ave, Lake Worth Beach FI 33460**  
**Highland Elementary**

These meetings primary purpose is to review relevant data, identify problem areas, develop improvement strategies, and monitor their implementation.

**Sponsored by Highland Elementary**

**Event: Domestic Violence Awareness Workshop**  
**Date: October 3, 2024 @ 5:30pm—6:30pm**  
**Place: BRIDGES 305 Lake Ave, Lake Worth Beach FI 33460**

Please join us for this workshop about Domestic Violence Awareness, We will be discussing about the essential aspect of raising awareness about domestic violence.

**Sponsored by AVDA**

**Event: Spanish Literacy**  
**Date: October 4, 11, 18 , and 25, 2024 @ 10:30am—12pm**  
**Place: BRIDGES 305 Lake Ave , Lake Worth Beach FI 33460**

Parent Leaders come together to teach members the basics of reading and writing Spanish.

**Sponsored by BRIDGES Ambassador**

**Event: Women's Club "Pumpkin Decorating Contest"**  
**Date: October 24, 2024 @ 11am—12:30pm**  
**Place: BRIDGES 305 Lake Ave, Lake Worth FI 33460**

Come join us for this fun Women's Club workshop decorating contest. We will be decorating and painting pumpkins and then have a contest.

**Sponsored by Miriam Maldonado**

**Event: Padres Exitosos “Comprendiendo la Mayor Necesidad de los Hijos!**  
**Date: October 28, 2024 @ 5:30pm—6:30pm**  
**Place: BRIDGES 305 Lake Ave, Lake Worth FI 33460**

Come join us for this Father's engagement group where they will be discussing understanding the major necessities of our children.

**Sponsored by Angel Jimenez**

## SAFETY WORKSHOP

SAFETY WORKSHOP “Halloween and Pedestrian Safety”  
**Sponsored by Safe Kids of PBC (VIA ZOOM)**

**Date: October 3, 2024 @ 1pm—2pm Spanish**

**Date: October 10, 2024 @ 1pm—2pm English**

**Date: October 17, 2024 @ 1pm—2pm Creole**

BOO! Who loves dressing up or getting their children ready for Halloween? Please join us in learning the different ways and tips on how we can keep our children safe during this holiday season. We will talk about costume safety and ways to make sure little ones are seen while out Trick or Treating.

We will also be talking about pedestrian safety tips to keep in mind. Whether your child walks to school, to la friends' house after school or around the neighborhood, little one need to know the rules of the road for walkers to be safe

## COMMUNITY EVENT

**Event: Hispanic Heritage Month**  
**Date: October 5, 2024 @ 12pm—3pm**  
**Place: 500 Highland Ave, Lake Worth Beach FI 33460**  
Join us as we celebrate with bounce house, carnival, carnival foods, local school dance & clubs country showcase and more!  
**Sponsored by Highland Elementary**

**Event: Copa Unida**  
**Date: October 12, 2024 @ 12pm—5pm**  
**Place: 2520 Lake Worth Rd, Lake Worth Beach FI 33460 John Prince**  
Get ready for an electrifying soccer showdown that promises to be an amazing experience for all fans. Come watch as PBSO F.C defends their crown against Las Agullas del BRIDGES. These two team will battle it out for bragging rights.  
**Sponsored by PBSO**

**Event: Community Immunization**  
**Date: October 17, 2024 @ 8am—12pm**  
**Place: 709 North F St, Lake Worth Beach FI 33460**  
Palm Beach Health Department comes out every third Thursday of the month to provide families with the necessary immunizations their children need. Free immunizations for children.  
**Sponsored by Palm Beach Health Department**

**Event: El Festival Familiar**  
**Date: October 19, 2024 @ 2pm—7pm**  
**Place: John Prince Park, Lake Worth FI 33460**  
Join us for this fun family activity completely free, with music, different Hispanic foods, games for the children & much more!  
**Sponsored by Hispanos Unidos**

**Event: Scream Trunk a Treat Event**  
**Date: October 25, 2024 @ 6pm—9pm**  
**Place: John Prince Park, Lake Worth FI 33460**  
Bring your little ghouls and goblins for an evening of safe trick or treating, family friendly fun, and a lot of candy.  
**Sponsored by the City of Lake Worth Beach**

Blue: Capacity Bldg. Workshops  
 Yellow: Parent/Child Activities  
 Red: Safety Workshops  
 Orange: Family Literacy  
 Green: Community Events  
 (E) English (S) Spanish (C) Creole



**OCTOBER 2024**

Mon	Tue	Wed	Thu	Fri	Sat
	1	2 <b>SAC Meeting</b> 5:30pm-6:30pm Pahokee Elementary	3 <b>BAP Read Aloud</b> 5:00pm-6:00pm Bridges at Pahokee	4	5
7	8 <b>Domestic Violence Workshop</b>  5:00pm-6:00pm Bridges at Pahokee	9 <b>National Walk to School Day!</b>  <b>ECLC Meeting</b> 10:00am-11:00am Pahokee Elementary	10 <b>Halloween Pedestrian Safety</b> 1:00pm-2:00pm (E) <u>ZOOM Facebook</u>  <b>RMU</b> 5:00pm-6:00pm Bridges at Pahokee	11	12 <b>Women's Health Fair</b> 9:00am-3:00pm St. John First Missionary Baptist Church
14	15	16 <b>SAC Meeting</b> 9:00am-10:00am Canal Point Elem.	17 Wear <b>PURPLE</b> for Domestic Violence Awareness  <b>Kids In the Kitchen</b> 5:00pm-6:00pm Bridges at Pahokee	18	19 <b>Breast Cancer Walk</b> 8:00am-1:00pm Pahokee Marina  <b>Beastly Bash</b> 2:00pm-4:00pm LVY Library
21	22 <b>AVDA Workshop</b> 5:00pm-6:00pm Bridges at Pahokee	23	24 <b>National Night Out</b> 4:00pm-7:00pm Pahokee Marina	25	26
28	29 <b>Mental Health Conversation</b> 5:00pm-6:00pm Bridges at Pahokee	30	31 <b>City of Pahokee Fall Festival</b> 6:00pm-8:00pm Pahokee Parks & Recs		



**BRIDGES AT PAHOKEE**  
 170 S Barfield Highway  
 Pahokee, FL 33476  
**PHONE:**  
 561-924-9224

**MAIN OFFICE:**  
 Suite 102  
**ACTIVITY BUILDING:**  
 Suite 107

**MONDAY - FRIDAY**  
**8:30am - 5:00pm**  
 Offering parental support, resources, and activities for families and their children.

**Facebook @ BRIDGES - - Pahokee**

# OCTOBER 2024 HIGHLIGHTS

## MONTHLY THEME

**“Heal, Hold & Center!”**  
Resiliency & Community Healing

## PARENT/CHILD ACTIVITIES

**Event:** [RMU “Painting with a Twist”](#)  
**Date:** Thursday, October 10th @ 5:00-6:00pm  
**Place:** BRIDGES at Pahokee

Can you twist your body? How about a paint brush, can it twist? Come to our parent-child activity and find out what painting with a twist looks like! Sponsored by BRIDGES

**Event:** [Kids in the Kitchen](#)  
**Date:** Thursday, October 17th @ 5:00-6:00pm  
**Place:** BRIDGES at Pahokee

Calling all chefs to join us as we FALL into a fabulous snack. Yummy recipes to create and enjoy with your children! **RSVP at 561-924-9224.** Sponsored by BRIDGES



## FAMILY LITERACY

**Event:** [BAP READ ALOUD](#)  
**Date:** Thursday, October 3rd @ 5:00pm-6:00pm  
**Place:** BRIDGES at Pahokee

Join us as we strive to provide children with books for the mind.

**Event:** [Beastly Bash](#)  
**Date:** Saturday, October 19th @ 2:00pm-4:00pm  
**Place:** LVY Library

Inviting all families to join Loula V York library for a Halloween Beastly bash, where you'll enjoy exciting spooky stories, crafts, and a costume contest. This event is open to the community, please come out and enjoy free popcorn, free cotton candy and giveaways. **For more information call 561-924-9224.**

## Capacity Building Activities

**Event:** [School Advisory Council Meeting](#)  
**Date:** Wednesday, October 2nd @ 5:30pm – 6:30pm  
**Place:** Pahokee Elementary

**Event:** [School Advisory Council Meeting](#)  
**Date:** Wednesday, October 16th @ 9:00am-10:00am  
**Place:** KEC/Canal Point Elementary

School Advisory Councils – were created to empower all parents of children attending Palm Beach County Schools to be actively and meaningfully involved in the education of their children. PBCSD believes that informed and engaged parents are the best advocate for their children to meet the social needs and ensure that their child educational need is balanced. **For more information, please call 561-924-9224.**

**Event:** [Domestic Violence Workshop](#)  
**Date:** Tuesday, October 8th @ 5:00pm-6:00pm  
**Place:** BRIDGES at Pahokee

Please join YWCA as they educate families about October Domestic Violence Awareness Month, also called intimate partner violence, which is a pattern of abusive behavior perpetrated by one intimate partner against another. The abuse can be physical, sexual, emotional, economic, digital or psychological. For most, the purpose of DVAM is to become educated about the warning signs, prevention, and treatment of domestic violence. **Please contact us at 561-924-9224 for more information.**

**Event:** [ECLC Meeting](#)  
**Date:** Wednesday, October 9th @ 10:00am-11:00am  
**Place:** Pahokee Elementary

Early Childhood Leadership Collaborative (ECLC) is a group that includes parents, business owners, local child care centers, community agencies, schools and other programs that come together to discuss and set goals to support Kindergarten Readiness. **For more information, please call 561-924-9224.**

**Event:** [AVDA Workshop](#)  
**Date:** Tuesday, October 22nd @ 5:00pm-6:00pm  
**Place:** BRIDGES at Pahokee

We all want to know that our children are safe and secure at all times. We need to be educated, and able to recognize the signs of abuse. There's more than one type of abuse, join Matthew from (AVDA) Aid to Victims of Domestic Abuse to learn more about developing a healthy relationship with your child. **To RSVP or for more information, please contact us at 561-924-9224.**

**Event:** [Mental Health Conversation](#)  
**Date:** Tuesday, October 29th @ 5:00pm-6:00pm  
**Place:** BRIDGES at Pahokee

Be The Friend Who Listens! Starting a conversation about mental health does not need to be uncomfortable, and it can make all the difference. Check out these resources to learn how to support a friend – or get help for yourself. **To RSVP or for more information, please contact us at 561-924-9224.**

## SAFETY WORKSHOP

**Event:** [Halloween Pedestrian Safety](#)  
**Date:** Thursday, October 10th  
@ 1:00– 2:00pm ENGLISH

**Place:** Facebook Live Video  
Safe Kids PBC will share helpful information and tips to keep our children safe during Halloween. Learn how to celebrate Halloween safely with your children. We'll talk about costume safety as well as pedestrian tips to keep your children safe in the Fall when it gets darker earlier. We'll cover walker safety as well as driver safety to keep our little ones safe. Candy checking, crossing streets, knocking on doors, and more. **For more information, please contact us at 561-924-9224.**

## COMMUNITY EVENT

**Event:** [Women's Health Fair](#)  
**Date:** Saturday, October 12th @ 9:00am - 3:00pm  
**Place:** St. John First Missionary Baptist Church

The South Florida Baptist Women's Conference is hosting a health fair in prioritizing women's health, physical, psychological, emotional, and social wellbeing, has never been more important. Some of the most common conditions that affect women include preventative health, health disparities, reproductive and sexual health, heart disease, physical activity, mental health and cancer. Please join us as we share services and resources to ensure better health in Women.

**Event:** [National Night Out Against Crime](#)  
**Date:** Thursday, October 24th @ 4:00pm - 7:00pm  
**Place:** Pahokee Marina

Join the dedicated men and women of the Palm Beach County Sheriff's Office, Local Businesses and Community Leaders as they unite together to decrease crime. A great night for the Kids and Families and best of all it's FREE!!

**Event:** [City of Pahokee Fall Fest](#)  
**Date:** Thursday, October 31st @ 6:00pm - 8:00pm  
**Place:** Pahokee Parks and Recreation

The City of Pahokee's annual fall festival is a fun family community event hosted by the city of Pahokee. Come out and enjoy live music, fun games, food, family friendly pumpkin patch, trunks of treats and more! **We hope to see you there!**



OCTOBER 2024



Blue: Capacity Building Workshops  
 Yellow: Parent /Child Activities  
 Orange: Family Literacy Activities  
 Red: Safety Workshops  
 Green: Community Events  
 Purple: Community Outreach Activities



Mon	Tue	Wed	Thu	Fri	Sat
	1	2	3 <u>Domestic Violence with Genesis</u> 6:00pm -7:00pm Carolyn Sims Center <u>Casual Conversation</u> 5:30pm-6:30pm Sara Sims Park	4 <u>First Friday at 5 Concert</u> 5:00pm – 8:00pm Boynton Beach Amphitheater	5
7	8 <u>Sensational Story N' More</u> 10:00am-11:00am Schoolhouse Museum	9 <u>RMU(0-5 years old)</u> 6:00pm - 7:00pm Carolyn Sims Center <u>Storytime w/ Margaret</u> 6:00pm - 6:30pm Carolyn Sims Center	10 <u>Safety Series</u> Halloween & Pedestrian Safety (English) Zoom/FB Live 1:00pm-2:00pm <u>Casual Conversation</u> 5:30pm-6:30pm Sara Sims Park	11	12
14 <u>Pure Joy Baby &amp; Me</u> 6:00pm-7:00pm Carolyn Sims Center	15 <u>RMU(0-5 years old)</u> 6:00pm - 7:00pm Carolyn Sims Center <u>BRIDGES Orientation</u> 7:00pm-7:30pm Carolyn Sims Center	16 <u>Colors and Crafts</u> 6:00pm -7:00pm Facebook	17 <u>Safety Series</u> Halloween and Pedestrian Safety (Creole) Zoom/FB 1:00pm-2:00pm <u>Breast Cancer Education Octavia Health Inc.</u> 6:00pm -7:00pm Carolyn Sims Center	18	19
21	22 <u>Storytime Fun</u> 6:00pm-7:00pm Carolyn Sims Center	23 <u>Domestic Violence Awareness w/ AVDA</u> 6:00pm-7:00pm Carolyn Sims Center	24 <u>Dad's Night Out</u> 6:00pm -7:00pm Carolyn Sims Center <u>Casual Conversation</u> 5:30pm-6:30pm Sara Sims Park	25	26
28	29	30 <u>Book of the Month</u> 6:00pm -7:00pm Facebook	31 <u>St. John's Fall Festival</u> 6:00 pm - 8:30pm SJMBC	 PALM BEACH COUNTY Healthy. Safe. Strong.	 BREAK THE SILENCE END THE VIOLENCE TAKE A STAND AGAINST DOMESTIC VIOLENCE

“Heal, Hold & Center”

**OCTOBER IS DOMESTIC VIOLENCE AWARENESS MONTH**

**Halloween and Pedestrian Safety**

**Halloween safety tips for pedestrians**

- Decorate costumes and bags with reflective tape or stickers
- Make sure your child's costume is the right size - to prevent falls and trips
- Make sure drivers see you first, establish eye contact/wave before crossing the street
- Watch for cars turning or pulling out of driveways and don't cross between parked cars
- Accompany children younger than 12 and if your older children are going alone make sure you review the route
- Eliminate distractions, keep your head up, and be alert

Carolyn Sims Center- 225 NW 12th Ave, Boynton Beach 33435

Schoolhouse Museum-129 E Ocean Ave, Boynton Beach 33435

SJMBC- 900 N. Seacrest Blvd, Boynton

**BRIDGES at Boynton Beach**

639 East Ocean Avenue  
Suite 101  
Boynton Beach, FL. 33435

PHONE: 561-903-7743  
FAX# 561-649-9693

MONDAY - FRIDAY  
9:00am - 5:00pm

*We are dedicated to strengthen communities across Palm Beach County by improving outcomes for children and families through education and social services. Our goal is to ensure that our families have what they require to not only survive, but thrive.*

# OCTOBER 2024 HIGHLIGHTS

## HEAL, HOLD & CENTER



### Parent Child Activities

**Event:** [RMU \(0-5 years\): "Matching Time"](#)

**Date:** October 9th, 2024

**Time:** 6:00pm-7:00pm

**Place:** Carolyn Sims Center

**Highlight:** Do these go together or do those go together? During this activity, your child and you will be playing the memory game and matching different items together. We're playing this game to help our children develop problem solving skills.

**Event:** [Colors and Crafts](#)

**Date:** October 16th, 2024

**Time:** 6:00pm-7:00pm

**Place:** Facebook

**Highlight:** Colors, colors, colors. Know your colors! Each week we will focus on one color by using games, music or arts and crafts. This activity will help develop all those motor skills.

**Event:** [RMU \(0-5 years \): " Game Time"](#)

**Date:** October 15th, 2024

**Time:** 6:00pm-7:00pm

**Place:** Carolyn Sims Center

**Highlight:** Get ready to play some games. Fore this activity the parent and child will play different games that will help develop ability to regulate one's body.

### Family Literacy

**Event:** [Sensational Story N' More](#)

**Date:** October 8th, 2024

**Time:** 10:00am-11:00am

**Place:** Schoolhouse Museum

**Highlight:** : Children's books are brought to life through an interactive reading and an art activity. Children will have the opportunity to illustrate the story in their own unique way! **In partnership with Schoolhouse Museum**

**Event:** [Book of the Month](#)

**Date:** October 30th, 2024

**Time:** 6:00pm -7:00pm

**Place:** Facebook

**Highlight:** Join us as we read our book of the month.

**Event:** [Storytime with Margaret](#)

**Date:** October 9th, 2024

**Time:** 6:00pm- 6:30pm

**Place:** Carolyn Sims Center

**Highlight:** Join us for reading fun with Ms. Margaret.

**In partnership with Boynton Beach Mental Health Committee**

**Event:** [Storytime Fun](#)

**Date:** October 22nd, 2024

**Time:** 6:00pm -7:00pm

**Place:** Carolyn Sims Center

**Highlight:** Join us for reading fun as we read a book and bring it to life.

## Capacity Building

**Event:** [Domestic Violence w/ Genesis](#)

**Date:** October 3rd, 2024

**Time:** 6:00pm-7:00pm

**Place:** Carolyn Sims Center

**Highlights:** This month we will learn about Suicide Awareness. **In partnership with Genesis Community Health.**

**Event:** [Pure Joy Baby & Me](#)

**Date:** October 14th, 2024

**Time:** 6:00pm-7:00pm

**Place:** Carolyn Sims Center

**Highlights:** Come and join other new mothers to celebrate motherhood and all that it means. For pregnant families and with children 12 months or under. **In partnership with Women's Health Initiative Program (W.H.I.N.)**

**Event:** [Breast Cancer Education w/ Octavia Health Inc.](#)

**Date:** October 17th, 2024

**Time:** 6:00pm-7:00pm

**Place:** Carolyn Sims Center

**Highlights:** Join us as we educate families about prevention and give resources on health topics. **In partnership with Octavia Health Inc.**

**Event:** [BRIDGES Orientation](#)

**Date:** October 15th, 2024

**Time:** 7:00pm-7:30pm

**Place:** Carolyn Sims Center

**Highlight:** Are you a new BRIDGES member or just need a refresher? If so, this meeting is for you! Join us and be introduced to the BRIDGES staff, their roles and what BRIDGES has to offer its members and families.

**Event:** [Dad's Night Out](#)

**Date:** October 24th, 2024

**Time:** 6:00pm-7:00pm

**Place:** Carolyn Sims Center

**Highlight:** Dads, it's your turn to have a night out! It's your opportunity to share what's on your mind with other dads. This is your chance to unload, unwind and have some fun at the same time!

**Event:** [Domestic Violence Awareness w/ AVDA](#)

**Date:** Tuesday, October 10th

**Time:** 6:00pm-7:00pm

**Place:** Carolyn Sims Center

**Highlight:** Join us for a discussion about Domestic Violence. A guest speaker from AVDA will inform members about DV Awareness.



**DON'T LET TREATS TRICK YOU OUT OF STAYING SAFE THIS HALLOWEEN**

## Capacity Building



### Safety Series

**Event:** [Safety Series: "Halloween & Pedestrian Safety"](#)

**Date:** October 10th ( English) & 17th (Creole), 2024

**Time:** 1:00pm-2:00pm

**Place:** Zoom/FB Live

**Highlight:** BOO! Who loves dressing up or getting their children ready for Halloween? Please join us in learning the different ways and tips on how we can keep our children safe during this holiday season. We will talk about costume safety and ways to make sure little ones are seen while out Trick or Treating. We will also be talking about pedestrian safety tips to keep in mind. Whether your child walks to school, to a friend's house after school or around the neighborhood, little ones need to know the rules of the road for walkers to be safe. **In partnership with Safe Kids PBC.**

### Community Event

**Event:** [Casual Conversation](#)

**Date:** Every Thursday Evening

**Time:** 5:30pm-6:30pm

**Place:** Sara Sims Park

**Highlight:** What's going on? Let's talk about what's happening in our community!

**Event:** [St. John's Fall Festival](#)

**Date:** October 31st 2024

**Time:** 6:00pm-8:30pm

**Place:** SJMBC

**Highlight:** Please join us for a night out with the family! Free food, games, candy, and activities for everyone.

### Community Outreach Activity

**Event:** [First Friday at 5 Concert](#)

**Date:** October 4th, 2024

**Time:** 5:00pm – 8:00pm

**Place:** Boynton Beach Amphitheater

**Highlight:** The City offers a free monthly concert series, First Friday at 5, at Centennial Park + Amphitheater in Downtown Boynton. Concerts will take place from 5 pm – 8 pm on the first Friday of each month.



Blue: Capacity Bldg. Workshops  
 Yellow: Parent/Child Activities  
 Red: Safety Workshops  
 Orange: Family Literacy  
 Green: Community Events

# OCTOBER 2024



Mon	Tue	Wed	Thu	Fri	Sat
	1 Soft Skills For Children 4:00pm—BRIDGES	2 Early Learning Coalition (ELC) 9:00 am (appt. only)	3	4	5
7 Therapy Services For You 11:00 am—BRIDGES Cute Turtle Craft! 3:00pm—Ages 3 & Up BG Library	8	9 Early Learning Coalition (ELC) 9:00 am (walk ins) <b>INTERNATIONAL WALK &amp; ROLL TO SCHOOL DAY</b>	10 Halloween Safety 5:00pm—BRIDGES BRIDGES Book Club 5:30pm	11 Decision 2024: Florida Amendments Education 2:00—4:00 pm BG Library	12
14	15	16 Early Learning Coalition (ELC) 9:00 am (appt. only)	17	18	19
21 Fall Apple Crafts 3:00pm—Ages 3 & Up BG Library RBT TRAINING 10AM—12PM	22 Soft Skills For Children 4:00pm—BRIDGES	23 Early Learning Coalition (ELC) 9:00 am (walk ins) Domestic Violence: Who & Why 5:30 pm—BRIDGES	24 National Night Out 4:00pm—7:00pm Pahokee Marina RBT TRAINING 10AM—12PM	25	26
28 Sweet Corn Crafting 3:00pm—ages 3 & up BG Library RBT TRAINING 10AM—12PM	29 Breastfeeding 101 5:00pm	30 Early Learning Coalition (ELC) 9:00 am (appt. only) Domestic Violence What About The Children? 5:30pm—BRIDGES	31		



**BRIDGES AT BELLE GLADE**  
 141 SE AVE C  
 BELLE GLADE, FL  
 33430  
 OPERATION HOURS  
 MON-FRI  
 8:30AM—5:30PM  
 SATURDAY  
 APPT ONLY  
 10AM -12PM  
 PHONE:  
 561-992-8210

# OCTOBER 2024 HIGHLIGHTS

## MONTHLY THEME

**We Are Resilient**

## PARENT CHILD ACTIVITY

**Cute Turtle Craft!**  
Monday, October 7, 2024  
3:00 pm—BG Library  
Ages 3 & up

You can create such amazing crafts out of a simple paper. You can have a lot of fun making colorful turtle crafts.

**Fall Apple Crafts**  
Monday, October 21, 2024  
3:00pm— BG Library  
Ages 3 & up

Make colorful apples craft that uses simple supplies to easily create artful apples that can be used for decoration.

**Sweet Corn Crafting**  
Monday, October 28, 2024  
3:00pm— BG Library  
Ages 3 & Up

Come and be creative making your own corn craft with beautiful color. This easy corn craft for preschoolers makes a great harvest or fall themed.

## FAMILY LITERACY

**BRIDGES Book Club presents:**  
**The True Story of The Three Little Pigs**  
By Jon Scieszka and Lane Smith  
Thursday, October 10, 2024  
5:30pm—BRIDGES  
Ages 4 & Up

You have heard the story of the three little pigs from the pigs point of view now you will hear the wolf's point of view. This version is quite mind-boggling.

## CAPACITY BLDG WORKSHOPS

**Soft Skills For Children**  
Tuesday, October 1 & 22, 2024  
4:00 pm

Teaching children to prioritize tasks, use schedules or to-do lists, and understand the importance of balancing work and play can be a daunting task. This is just one area of soft skills that you will develop in this two-part session.

**Therapy Service For You**  
Monday, October 7, 2024  
11:00 am

Therapy can provide a safe space for you to process trauma, manage emotions, and begin healing. Join us to learn how to access these much needed services.

**Decision 2024:**  
Friday, October 11, 2024  
2:00 pm - BG Library

This League of Women Voters® presentation provides a summary of each amendment and an analysis, including the impact of a yes or no vote.

**Domestic Violence: Who & Why**  
Wednesday, October 23, 2024  
5:30pm

Domestic violence refers to a pattern of abusive behavior in any relationship that is used by one partner to gain power and control over another intimate partner. It can include physical, sexual, emotional, economic, or psychological actions or threats of actions that influence another person, including any behaviors that intimidate, manipulate, humiliate, isolate, frighten, terrorize, coerce, threaten, blame, hurt, injure, or wound someone.

**Domestic Violence Awareness**  
**What About The Children?**  
Wednesday, October 30, 2024  
5:30pm

Communities need to understand that domestic violence has profound and far-reaching effects on children, even when they are not directly targeted. Join us to learn ways to help those who need it most.

## SAFETY WORKSHOP

**Safety Series:**  
**Halloween/Fall Safety**  
Thursday, October 10, 2024  
5:00 pm—BRIDGES

Learn how to celebrate Halloween safely with your children. We'll talk about costume safety as well as pedestrian tips to keep your children safe in the Fall when it gets darker earlier.

## COMMUNITY EVENTS

**FACEBOOK LIVE**  
<https://www.facebook.com/SafeKidsPalmBeachCounty>

**English Exchange**  
Tuesdays (October 3, 10, 17, 24)  
3:00pm—5:00pm  
Belle Glade Library

**Movie Matinee**  
**The Matrix**  
Saturday, October 12, 2024  
2:00 pm—4:00pm  
BG Library

**FREE FAMILY WEEKEND MEAL KITS**  
Fridays, (October , 4, 11, 18, 25, 2024)  
9:00 am—5:00 pm  
Belle Glade Library  
Each child ages 18 and younger is eligible for one free weekend meal kit every Friday while supplies last.

**EARLY LEARNING COALITION (ELC)**  
Wednesdays, October 11 & 25, 2024  
9:00 am—5:00 pm

**Moms In The Muck**  
**Breastfeeding 101**  
Tuesday, October 29, 2024  
5:00pm

**RBT TRAINING**  
October 21, 24, & 28, 2028  
10 am—12pm BRIDGES at Belle Glade





Blue: Capacity Bldg. Workshops  
 Yellow: Parent/Child Activities  
 Red: Safety Workshops  
 Orange: Family Literacy  
 Green: Community Events



**OCTOBER 2024**

Mon	Tue	Wed	Thu	Fri	Sat
	1 <b>ESOL Lab</b> 4:00pm-7:00pm	2 <b>SAC (School Advisory Council)</b> 2:45pm (Cancelled)  <b>ESOL Lab</b> 4:00pm-7:00pm	3 <b>Navigation Systems Introduction to BRIDGES members</b> 10:00pm <b>Circle of Moms HMHB (Registration Required)</b> 11:00pm <b>Safe Kids -Child passenger Safety -(Spanish)</b> 1:00pm <b>ESOL Lab</b>	4	5 <b>Storytime at Lake Park Library</b> 10:30am-11:00am
7 <b>ESOL Lab</b> 4:00pm-7:00pm	8 <b>ESOL Lab</b> 4:00pm-7:00pm	9 <b>ESOL Lab</b> 4:00pm-7:00pm	10 <b>Circle of Moms HMHB (Registration Required)</b> 11:00am <b>Raise Me Up</b> 0-2yrs old 11:30am-12:30pm <b>Safe Kids -Child passenger Safety -(English)</b> 1:00pm <b>ESOL Lab</b> 4:00pm-7:00pm	11	12 <b>Storytime at Lake Park Library</b> 10:30am-11:00am
14 <b>Resume Building/ Job Search Workshop</b> 12:00pm  <b>What is BRIDGES? (Invitation only)</b> 11:30am-12:30pm Or 5:30pm-6:30pm  <b>ESOL Lab</b> 4:00pm-7:00pm	15 <b>ADVA DV Workshop</b> 4:00pm  <b>Monarch Service</b> 5:00pm-6:00pm  <b>ESOL Lab</b> 4:00pm-7:00pm	16 <b>ESOL Lab</b> 4:00pm-7:00pm	17 <b>Foundcare Workshop</b> 11:00am-12:00pm <b>Lap sit at Lake Park Library</b> 10:15am-11:00am <b>Safe Kids-Child passenger Safety- (Creole)</b> 1:00pm <b>ESOL Lab</b> 4:00pm-7:00pm  <b>Mother's Village</b> 6:00pm-7:00pm	18	19 <b>Read for the Record (Lake Park Library @ Kelsey Park)</b> 10am
21 <b>Community Connection with Guardians Credit Union</b> 12:00pm-1:00pm <b>ESOL Lab</b> 4:00pm-7:00pm	22 <b>ESOL Lab</b> 4:00pm-7:00pm	23 <b>Circle of Moms HMHB (Registration Required)</b> 11:00am <b>Money Talk (Bank on It)</b> 6:00pm	24 <b>Raise Me Up</b> 3-5yrs old 5:30pm-6:30pm  <b>ESOL Lab</b> 4:00pm-7:00pm	25 <b>BRIDGES AT LAKE PARK TEAM RETREAT (INVITE ONLY)</b> 9AM	26 <b>Storytime at Lake Park Library</b> 10:30am-11:00am
28 <b>ESOL Lab</b> 4:00pm-7:00pm	29 <b>Promise Fund Workshop</b> 11:00am <b>ESOL Lab</b> 4:00pm-7:00pm	30 <b>Circle of Moms HMHB (Registration Required)</b> 11:00am	31		

All activities occur at BRIDGES at Lake Park unless otherwise specified

**HEAL, HOLD & CENTER**

- PEDESTRAIN SAFETY**
- Teach your kids at an early age to look left, right and left again before crossing the street.
  - It always best to walk on sidewalks or paths and cross at street corners, using traffic signals and crosswalks
  - Children under 10 need to cross the street with an adult.

**BRIDGES at Lake Park**  
 1411 10th Street  
 Lake Park, FL 33403  
 561-881-5060

**Office Hours**  
 Monday-Thursday  
 8:30am-7:00pm  
 Friday 8:30am-5:00pm

Offering parental support and activities for families with children  
 Ages 0 to 8

## October 2024 HIGHLIGHTS

**BRIDGES AT LAKE PARK**  
1411 10TH STREET  
LAKE PARK, FL 33403  
(561) 881-5060

## PARENT/CHILD ACTIVITIES

Event: **Moving My Body (0-2yrs old)**  
Date: October 10, 2024 Parents & Children (Birth-2yrs)  
Time: 11:30am-12:30pm  
Place: BRIDGES at Lake Park

**Moving my Body:** Families will engage with their young ones with a fun activity with moving our bodies using our muscles dancing and moving around.

Event: **Moving My Body (3-5yrs old)**  
Date: October 24, 2024 Parents & Children (3-5yrs)  
Time: 5:30Pm-6:30pm  
Place: BRIDGES at Lake Park

**Moving my Body:** Families will engage with their young ones with a fun activity with moving our bodies using our muscles dancing and moving around.

## Family Literacy

Event: **Lap sit at the Lake Park Library**  
Date: October 17 2024  
Time: 10:15am-11:00am  
Place: BRIDGES at Lake Park  
Families join BRIDGES at Lake Park for a Lap sit with your little ones ages birth-2yrs old for literacy activity.



## WORKSHOPS

Event: **ESOL-Registration Required**  
Date: Monday-Thursday  
Time: 4:00pm-7:00pm  
Place: BRIDGE at Lake Park

Event: **SAC Meeting (Cancelled)**  
Date: October 2, 2024  
Time: 2:45pm  
Place: Lake Park Elementary School  
Join us at Lake Park Elementary for School Advisory Counsel meeting with the school discussion on your child process and plans on a monthly basics.

Event: **Navigation Systems Introduction to BRIDGES Members**  
Date: October 3, 2024  
Time: 10:00am  
Place: BRIDGES at Lake Park  
Come and learn tools and resources to help guide your through with our navigation systems by Crissy. She will inform our members what resources they can use to help guide them such as resume building/job search.

Event: **CIRCLES OF MOMS**  
Date: October 3, 10, 23, , 2024  
Time: 11:00am-12:00pm  
Place: BRIDGES at Lake Park  
Healthy Mother's Healthy babies will host a Support group called Circles of Moms for 6 weeks. For those who are currently pregnant and who has children up to age 2 years old. Moms get to interact with each other as a support with one another. Goal is to promoting healthy bonding with baby, promoting healthy communication and social support, techniques and activities to help babies learn

Event: **Resume Building/Job Search Workshop**  
Date: October 14, 2024  
Time: 12:00pm-2:00pm  
Place: BRIDGES AT LAKE PARK  
This workshop will be a helpful tool to learn how to navigate the system with resume building and job search.

Event: **WHAT IS BRIDGES?- NEW MEMBER ORIENTATION (Invitation Only)**  
Date: October 14, 2024  
Time: 11:30am-12:30am or 5:30pm-6:30pm  
Place: BRIDGES at Lake Park  
During this orientation new BRIDGES members will be introduced to the BRIDGES program as well as site staff. They will also receive information on resources in the Lake Park community.

Event: **ADVA Domestic Violence Workshop with Monarch Service**  
Date: October 15, 2024  
Time: 4:00pm  
Place: BRIDGES at Lake Park  
Join BRIDGES at Lake Park with ADVA to discuss Domestic Violence Awareness month with Monarch services with any additional services you will be in need of.

Event: **FOUNDCARE SERVICES**  
Date: October 17, 2024  
Time: 11:00am-12:00pm  
Place: BRIDGES at Lake Park  
Join us at BRIDGES at Lake with Foundcare Inc for healthcare services for your families. Services are accessible throughout the centers in Palm Beach County. Families can come join a workshop for getting healthcare services provided and resources.

Event: **MOTHER'S VILLAGE (Invite only) WITH CENTER FOR FAMILY SERVICES**  
Date: October 17th, 2024  
Time: 6:00pm-7:00pm  
Place: BRIDGE at Lake Park  
This monthly group meeting is designed to assist pregnant women as well as mothers with children between the ages of 0-2yrs navigate the emotional demands of pregnancy and motherhood

Event: **COMMUNITY CONNECTION WITH Guardian Credit Union**  
Date: October 21, 2024  
Time: 12:00pm-1:00pm  
Place: Zoom  
Zoom Code: 539 108 9822 with link provided on WhatsApp  
Community Connection with Guardians Credit Union with discussion with money saving conversation.

Event: **MONEY TALK-BANK ON IT (COMMUNITY PARTNERS)-Registration required before workshop**  
Date: October 23, 2024  
Time: 6:00pm-7:00pm  
Place: ZOOM  
Come join BRIDGES at Lake Park with a virtual meeting as we bring back Money Talk. Parent join us with a great information in regards to finances and how to take control over your finances.

Event: **BRIDGES TEAM RETREAT**  
Date: October 25th  
Time: 9am-4pm

Event: **Promise Fund Workshop**  
Date: October 29, 2024  
Time: 11:00-1:00pm  
Place: BRIDGES at Lake Park  
Come join BRIDGES at Lake Park for a Woman's Health workshop with Promise Fund. Learn what Promise Fund will provide to woman with health services.

## SAFETY WORKSHOPS

Event: **SAFE KIDS PRESENTATION- Halloween and Pedestrian Safety**  
Date: October 3, 2024 (Spanish) at 1:00pm  
Date: October 10, 2024 (English) at 1:00pm  
Date: October 17, 2024 (Creole) at 1:00pm  
Place: Zoom Presentation  
Zoom Link:  
<https://zoom.us/j/6846584976?pwd=L0JEMm4rSGFPd3RSTFU2UUskTFRkQT09>  
Join us as we discuss the importance of Halloween and Pedestrian Safety. As we discuss different ways and tips on how we can keep our children safe during holidays season. Also safety tips with pedestrian safety

## COMMUNITY EVENTS

Event: **Read for the Record with Lake Park Library**  
Date: October 19, 2024  
Time: 10:00am  
Place: Kelsey Park @ 601 Federal Hwy, Lake Park, FL 33403  
Join Lake Park Library at Kelsey park for Read for the Record with fun activities and craft with reading with the children .

**October 2024**



Blue: Capacity Bldg. Workshops  
 Yellow: Parent/Child Activities  
 Red: Safety Workshops  
 Orange: Family Literacy  
 Green: Community Events

Mon	Tues	Wed	Thu	Fri	Sat
	1	2 Benefits Application 10:00 AM to 2:00 PM (BLW)	3 Summer Safety: "Halloween and Pedestrian Safety" (Spanish) 1:00 PM on ZOOM Domestic Violence W/Shop 4:30PM to 5:30PM (BLW)	4	5
7 Women's Time (Spanish) 4:00PM to 5:00PM (BLW)	8 RMU: "Create a Tree" 4:00 PM to 5:00 PM (BLW)	9 Benefits Application 10:00 AM to 2:00 PM (BLW)	10 Summer Safety: "Halloween and Pedestrian Safety" (English) 1:00 PM on ZOOM Cultural Night 5:30PM to 7:30PM (BLW)	11	12
14 Haitian Engagement Meeting 4:30PM to 5:30PM (BLW)	15 Family Fun Time: "Give Me A Hand" 4:00 PM to 5:00 PM (BLW)	16 Benefits Application 10:00 AM to 2:00 PM (BLW)	17 Summer Safety: "Halloween and Pedestrian Safety" (Creole) 1:00 PM on ZOOM Story-Time 4:00PM to 5:00PM (BLW)	18	19
21 Fathers Engagement Meeting 5:30 PM to 6:30PM (BLW)	22 RMU: "Robot Emotions" 4:00 PM to 5:00 PM (BLW)	23 SAC Meeting at South Grade at 8:15AM Benefits Application 10:00 AM to 2:00 PM (BLW)	24	25 City Of Lake Worth Little Screams "Trunk or Treat" 6:00PM to 9:00PM Bryant Park	26
28	29	30	31 		

**BRIDGES AT LAKE WORTH**  
 802 S Dixie Hwy  
 LAKE WORTH, FL 33460  
 PHONE: 561-899-1642  
 FAX# 561-598-5670  
 MONDAY - FRIDAY  
 8:30am - 5:00pm  
 www.bridgesofpbc.org  
 Facebook: BRIDGES At Lake Worth



*Did you know?*  
 Nearly every 1 in 2 women in the United States is going to face physical violence from an intimate partner at some point in their lives.  
**BREAK THE STIGMA SPEAK UP**

# OCTOBER 2024 HIGHLIGHTS

## MONTHLY THEME

**"Heal, Hold & Center"**

**Event:** RMU: "Create a Tree"

**Date:** October 10th 4:00PM to 5:00PM

**Place:** BRIDGES at Lake Worth

Parents will support their children through creating a picture of themselves. Let's see those master pieces!

**Event:** Family Fun Night: "Give Me A Hand"

**Date:** October 17th 4:00PM to 5:00PM

**Place:** BRIDGES at Lake Worth

Let's make beautiful artwork using our hands as models and color combinations. This activity creates a special bond between parents and their children.

**Event:** RMU: "Robot Emotions"

**Date:** October 24th 4:00PM to 5:00PM

**Place:** BRIDGES at Lake Worth

This activity will help families talk about different feelings while coloring and gluing a robot together. We can't wait to see all the Bridges robots.

## FAMILY LITERACY

**Event:** Story-time

**Date:** October 19th 4:00PM to 5:00PM

**Place:** BRIDGES at Lake Worth

Special guest author Tevin Ali

Reading and storytelling with babies and children promotes brain development and imagination, develops language and emotions, and strengthens relationships.



**OCTOBER IS NATIONAL  
BREAST CANCER &  
DOMESTIC VIOLENCE  
AWARENESS MONTH**

Get Checked. Break the Silence.



## WORKSHOPS



**Event:** Domestic Violence W/Shop

**Date:** October 3rd 4:30PM to 5:30PM

**Place:** BRIDGES at Lake Worth

AVDA will be here educating us on domestic violence. This month is Domestic Violence Awareness Month, join us to gain knowledge.

**Event:** Women's Time

**Date:** October 9th 4:30PM to 5:30PM

**Place:** BRIDGES at Lake Worth

Mother's Leadership is a group of Hispanic women who meet once a month to accomplish goals within their own community.

**Event:** Cultural Night

**Date:** October 10th 5:30PM to 7:30PM

**Place:** BRIDGES at Lake Worth

Come celebrate your culture with us!

**Event:** Haitian Engagement Meeting

**Date:** October 16th 4:30PM to 5:30PM

**Place:** BRIDGES at Lake Worth

Haitian Family Engagement Event is about reaffirming and growing Haitian participation to BRIDGES.

**Event:** Fathers Engagement Meeting

**Date:** October 23rd 5:30PM to 7:00PM

**Place:** BRIDGES at Lake Worth

Father's Engagement Club is a group of men who meet once a month to provide support and engage in productive activities.

## SAFETY WORKSHOP

**Event:** Summer Safety: "Halloween and Pedestrian Safety"

**Dates:** September 3rd 1:00PM to 2:00PM

(Spanish)

September 10th 1:00PM to 2:00PM

(English)

September 17th 1:00pm to 2:00PM

(Creole)

**Place:** ZOOM Meeting

BOO! Who loves dressing up or getting their children ready for Halloween? Please join us in learning the different ways and tips on how we can keep our children safe during this holiday season. We will talk about costume safety and ways to make sure little ones are seen while out Trick or Treating. We will also be talking about pedestrian safety tips to keep in mind. Whether your child walks to school, or a friend's house after school or around the neighborhood, little ones need to know the rules of the road for walkers to be safe.



## COMMUNITY EVENT

**Event:** Benefits Application

**Date:** Wednesdays 10:00AM to 2:00PM

**Place:** BRIDGES at Lake Worth

A benefits specialist provided through the Palm Beach County Food Bank is available every Wednesday to assist BLW members with their SNAP applications.

**Event:** SAC Meeting at South Grade Elementary

**Date:** October 23rd 8:15AM-9:00AM

**Place:** South Grade Elementary

BLW will be in attendance at South Grade's SAC Meeting.

**Event:** City of Lake Worth Little Screams "Trunk or Treat"

**Date:** October 25th 6:00PM-9:00PM

**Place:** Bryant Park


# OCTOBER 2024



Blue: Capacity Bldg. Workshops  
 Yellow: Parent/Child Activities  
 Red: Safety Workshops  
 Orange: Family Literacy  
 Green: Community Events


(E) English (S) Spanish (C) Creole



Mon	Tue	Wed	Thu	Fri	Sat
	<b>1</b> <a href="#">Homework Assistance/ Brilliant Minds</a> 3:30pm-5:30pm <a href="#">College Prep</a> 5:30pm-7:30pm	<b>2</b> <a href="#">STEAM Program</a> 3:30 pm—5:30 pm <a href="#">English Classes</a> 7:00 pm— 8:00 pm	<b>3</b> <a href="#">Halloween &amp; Pedestrian Safety Wksp.</a> ZOOM (S) 1:00 pm-2:00 pm -NO SCHOOL-	<b>4</b> <a href="#">Car Seat Education (E/S)</a> (VIA PHONE) 10:00am-1:00pm	<b>5</b>
7	<b>8</b> <a href="#">Homework Assistance/ Brilliant Minds</a> 3:30 pm-5:30 pm <a href="#">College Prep</a> 5:30 pm-7:30 pm	<b>9</b> <a href="#">Raise Me Up (E/S-PC)</a> 10:00 am-11:00am <a href="#">STEAM Program</a> 3:30 pm—5:30 pm <a href="#">English Classes</a> 7:00 pm— 8:00 pm	<b>10</b> <a href="#">Halloween &amp; Pedestrian Safety Wksp.</a> ZOOM (E) 1:00 pm-2:00 pm <a href="#">Reading Club 4 Kidz</a> 3:30 pm-5:30 pm <a href="#">College Prep</a> 5:30 pm-7:30 pm	<b>11</b> "Wear Purple" 	<b>12</b>
14	<b>15</b> <a href="#">Breast Cancer Wrks.</a> (E/S) 10:00 am— 11:00 am <a href="#">Homework Assistance/ Brilliant Minds</a> 3:30 pm-5:30 pm <a href="#">College Prep</a> 5:30 pm-7:30 pm	<b>16</b> <a href="#">Exploring our World (E/S)(PC)</a> 10:30 am-11:30 am <a href="#">STEAM Program</a> 3:30 pm—5:30 pm <a href="#">English Classes</a> 7:00 pm— 8:00 pm	<b>17</b> <a href="#">PBC Public Library System Storytime (E/S)</a> (Literacy) 10:00 am-11:00 am <a href="#">Reading Club 4 Kidz</a> 3:30 pm-5:30 pm <a href="#">College Prep</a> 5:30 pm-7:30 pm	<b>18</b> <a href="#">Food Distribution</a> 10:00 am (Until Supplies last)  <a href="#">Ambassador Meeting</a> 6:00 pm-8:00 pm	<b>19</b>
21	<b>22</b> <a href="#">Domestic Violence (E/S)</a> 10:00 am-11:00 am <a href="#">Homework Assistance/ Brilliant Minds</a> 3:30 pm-5:30 pm <a href="#">College Prep</a> 5:30 pm-7:30 pm	<b>23</b> <a href="#">Raise Me Up (E/S-PC)</a> 10:00 am-11:00 pm <a href="#">Read for the Record (PC)</a> 5:30 pm-7:00pm <a href="#">STEAM Program</a> 3:30 pm—5:30 pm <a href="#">English Classes</a> 7:00 pm— 8:00 pm	<b>24</b> <a href="#">Reading Club 4 Kidz</a> 3:30 pm-5:30 pm <a href="#">College Prep</a> 5:30 pm-7:30 pm	<b>25</b> <a href="#">Women Helping Women /Women's Club &amp; Domestic Violence Walk</a> E/S 10:00 am-11:30 am  "Wear Purple" 	<b>26</b> <a href="#">Fall Festival</a> 2:00 pm— 6:00 pm
28	<b>29</b> <a href="#">Brilliant Minds</a> 3:30 pm-5:30 pm <a href="#">College Prep</a> 5:30 pm-7:30 pm	<b>30</b> <a href="#">STEAM Program</a> 3:30 pm—5:30 pm	<b>31</b> <a href="#">Brilliant Minds</a> 3:30 pm-5:30 pm <a href="#">College Prep</a> 5:30 pm-7:30 pm <a href="#">Latinos Fuertes en Accion</a> 6:30 pm-7:30 pm		

**DID YOU KNOW THAT:**  
 October is the month of Domestic Violence month. What is domestic violence is a patter of abusive behaviors that adults use to maintain power & control over their intimate partners, or former partners. If in doubt what to do please call the number below.

Florida's Abuse Hotline at 1-800-962-2873 or [Florida's Abuse Hotline](#)



**FAMILY IMPACT PALM BEACH COUNTY**  
 BRIDGES at Lake Worth West

**MAIN OFFICE:**  
 2411 10TH AVENUE N.  
 LAKE WORTH, FL 33461  
 PHONE: 561-649-9600

**MONDAY - FRIDAY**  
 9:00am - 5:00pm

[www.familyimpactpbc.org](http://www.familyimpactpbc.org)  
[Facebook@familyimpactpbc.org](https://facebook.com/familyimpactpbc.org)

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# OCTOBER 2024 HIGHLIGHTS

## MONTHLY THEME

“Heat, Hold & Center”

## PARENT CHILD ACTIVITY

**Event:** [RAISE ME UP \(PARENTS AND CHILDREN\)\(E/S\)](#)  
**Date:** Wednesday, October 9th 10:00 am - 11:00 am  
**Place:** Bethel Assembly of God (Church)  
4320 S. Congress Ave., Palm Springs, FL 33461  
Sponsored Lantana Road Branch Library.

**Event:** [EXPLORING OUR WORLD \(E/S\)](#)  
**Date:** Wednesday, October 16th 10:30 am – 11:30 am  
**Place:** Palm Springs Public Library  
217 Cypress Ln., Palm Springs, FL 33461  
Parent get together and read books about moral and values, they can later teach their children.  
Sponsored by BRIDGES and Palm Springs Public Library.

**Event:** [RAISE ME UP \(PARENTS AND CHILDREN\)\(E/S\)](#)  
**Date:** Wednesday, October 23rd 10:00 am-11:00 am  
**Place:** Lantana Road Branch Library  
4020 Lantana Rd., Lake Worth, FL 33462  
Join us for this parent-child class to practice fine and gross motor skills, promoting social and emotional health, problem-solving, and communication.  
Sponsored by Lantana Road branch Library

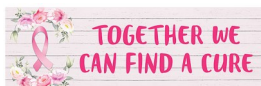
## FAMILY LITERACY

**Event:** [PBC PUBLIC LIBRARY SYSTEM STORY TIME \(E/S\)](#)  
**Date:** Thursday, October 17th 10:00am-11:00am  
**Place:** Bethel Assembly of God (Church)  
4320 S. Congress Ave., Palm Springs, FL 33461  
PBC Library System will host a one hour activity in which they will encourage parents to read and do activities with their kids so they can learn new words and increase love for reading.  
Sponsored by the Palm Beach County Public Library System.

**Event:** [READ FOR THE RECORD \(E/S\)](#)  
**Date:** Wednesday, October 23rd 5:30pm-7:00pm  
**Place:** Village of Palm Springs Library  
217 Cypress Ln., Palm Springs, FL 33461  
Join us to read globally. The book is written by a Phillipa Soo & Maris P. Doran. An empowering story about a girl who turns her performance jitters into confidence when faced with singing a solo at her school concert.  
Sponsored by BRIDGES, Hippy Program & Palm Springs Public Library.

## WORKSHOPS

**Event:** [ENGLISH CLASSES](#)  
**Date:** Wednesdays 7:00 pm– 8:00 pm  
**Place:** Bethel Assembly of God (Church)  
4320 S. Congress Ave, Palm Springs, FL 33461  
Come learn and practice speaking English in a safe, fun an Informative environment. Child Care will be provided for all ages.  
Sponsored by Bethel Assembly of God (Church).



## WORKSHOPS

**Event:** [BREAST CANCER WKSP \(E/S\)](#)  
**Date:** Tuesday, October 15th 10am-11am  
**Place:** Bethel Assembly of God (Church)  
4320 S. Congress Ave., Palm Springs, FL 33461  
This workshop will give you important information why breast cancer cells grow out of control. Don't forget to schedule your mammogram. Sponsored by Octavia Health Inc.

**Event:** [AMBASSADORS MEETING \(Invitation Only\)](#)  
**Date:** Friday, October 18th 6:00 pm-8:00 pm  
Invited members will join our Bridges at Lake Worth West Ambassadors group. They will be encouraged, motivated and trained to continue developing their leadership skills.  
Sponsored by BRIDGES

**Event:** [DOMESTIC & VIOLENCE WORKSHOP](#)  
**Date:** Tuesday, October 22nd 10:00 am-11:00 am  
**Place:** Bethel Assembly of God (Church)  
4320 S. Congress Ave., Palm Springs, FL 33461  
Come learn about the services provided by YWCA to the community, including shelter, crisis hotlines, advocacy, and other support for survivors of domestic and sexual violence, assisting them in rebuilding their lives.  
Sponsored by YWCA. (Young Women's Christian Assoc.)

**Event:** [WOMEN HELPING WOMEN/WOMEN'S CLUB & DOMESTIC VIOLENCE WALK\(E/S\)](#)  
**Date:** Friday, October 25th 10:00 am-12:30 pm  
**Place:** John Prince Park (Lake Osborne Pavilion)  
2520 Lake Worth Rd., Lake Worth, FL 33461  
Come and be part of a great group of women. Talk about important topics, enjoy socializing and recreational activities. Let's walk with our furry animals and for others that have been affected by Domestic Violence. Wear your purple shirt. Support Domestic Violence Awareness.  
Sponsored by Be Well PBC & AVDA.

**Event:** [LATINOS FUERTES EN ACCION \(E/S\) \(MEN ONLY\)](#)  
**Date:** Thursday, October 31st 6:30 pm-7:30 pm  
Come join a circle of hard working men and fathers. That are willing to share their knowledge and empower others. We will share ideas and discuss important topics. Sponsored by BRIDGES.

## SAFETY WORKSHOP

**Event:** [HALLOWEEN & PEDESTRIAN PASSENGER SAFETY WKSP. \(ZOOM\)](#)  
**Date:** Thursday, October 3rd 1pm – 2pm Spanish  
Thursday, October 10th 1pm – 2pm English  
Please join us in learning the different ways and tips on how we can keep our children safe during this holiday season. And to keep the children safe while walking to school, to a friends house after school, or around the neighborhood, little ones need to know the rules of the roads for walkers to be safe.  
Sponsored by Safe Kids of PBC.

**Event:** [CARSEAT EDUCATION \(E/S\) \(VIA PHONE\)](#)  
**Date:** Friday, October 4th 10:00 am - 1:00 pm  
Parents with questions, concerns or in need of a car seat will be guided through the phone by our car seat technician; Lillian Robles. Please call us at 561-649-9600 so we can best assist you! Sponsored by BRIDGES.

## COMMUNITY EVENT

**Event:** [HOMEWORK ASSISTANCE/BRILLIANT MINDS](#)  
**Date:** Tuesdays 3:00pm- 5:00pm  
**Place:** Palm Springs Seventh-Day Adventist Church  
4424 S. Military Trl., Lake Worth, FL 33463  
Through our homework assistance program we offer help and support to the kids of our community (1st grade through 5th grade) with their homework.  
Sponsored by PBSO.

**Event:** [STEAM PROGRAM](#)  
**Date:** Wednesdays 3:00pm-5:00pm  
**Place:** Palm Springs Seventh-Day Adventist Church  
4424 S. Military Trl., Lake Worth, FL 33463  
Through the STEAM Program kids will learn (S-Science, T-Technology, E-Engineering, A-Art, M-Math). Sponsored by PBSO.

**Event:** [READING CLUB 4 KIDZ](#)  
**Date:** Thursdays 3:00pm-5:00pm  
**Place:** Palm Springs Seventh-day Adventist Church  
4424 S. Military Trl., Lake Worth Beach, FL 33461  
expanded vocabulary and to create more in-depth sentences, and focus on comprehension. Students are asked to identify, interpret and analyze passages. Sponsored by Dollar General.

**Event:** [COLLEGE PREP](#)  
**Date:** Tuesdays and Thursdays 5:30 pm - 7:30 pm  
**Place:** Palm Springs Seventh-Day Adventist Church  
4424 S. Military Trl., Lake Worth, FL 33463  
This program is offered to assist high school students 9th to 12th grade to strengthen their academic skills, help with college entry and much more. Sponsored by United Way of PBC.

**Event:** [FOOD DISTRIBUTION \(RBI\)](#)  
**Date:** Friday, October 18th 10:00 am (UNTIL SUPPLIES LAST)  
**Place:** Bethel Assembly of God (Church)  
4320 S. Congress Ave., Palm Springs, FL 33461  
Come by and receive can goods, fruits and much more while supplies last.  
Sponsored by PBSO & Restoration Bridge Intl. and BRIDGES

**Event:** [FALL FESTIVAL](#)  
**Date:** Saturday, October 26th 2:00 pm-6:00 pm  
(UNTIL SUPPLIES LAST)  
**Place:** PBC Therapeutic Rec. Center  
2728 Lake Worth Rd., Lake Worth, FL 33461  
Come join us in a community event to get your backpack and food from agencies that join together to make a difference.  
Sponsored by BRIDGES





Blue: Capacity Bldg. Workshops  
 Yellow: Parent/Child Activities  
 Red: Safety Workshops  
 Orange: Literacy  
 Green: Community Events



# October 2024

Mon	Tue	Wed	Thurs	Fri	Sat
	1 Raise Me Up 11:00am - 12:30pm	2 )	3 It's Your Birthday 11:00am - 12:30pm 5:30pm - 7:00pm Safety Series (Spanish) 1:00pm - 2:00pm	4	5
7 Motivando a las mamás 11:00am - 12:30pm	8 A Write To Read 11:00am - 12:30pm	9	10 BRIDGES Baby Shower 5:30pm - 7:00pm Safety Series (English) 1:00pm - 2:00pm	11	12 The Shop 10:00am - 11:00am Motivating Mommies 11:00am - 1:00pm
14	15 Raise Me Up 11:00am - 12:30pm	16 ECLC Meeting 3:30pm - 4:30pm	17 Safety Series ( Creole) 1:00pm - 2:00pm	18 Game Time 5:30pm - 7:00pm	19
21 Community Connections 11:00am - 12:00pm Tummy Time 5:30pm - 6:30pm SAC Meeting 5:30pm - 6:30pm	22	23 Domestic Violence Work- shop 11:00am - 12:00pm	24 "Family Day/Night" 11:00am-12:00pm 5:30pm - 7:00pm	25	26
28	29	30 Helmet Install/ Inspection 11:00am - 1:30pm Car Seat Inspection 3:00pm - 5:00pm	31 Trunk Or Treat 5:30pm - 7:00pm		

**Halloween & Pedestrian Safety Month**  
 BOO! Who loves dressing up or getting their children ready for Halloween? Please join us in learning the different ways and tips on how we can keep our children safe during this holiday season. We will talk

**Heal, Hold & Center !**  
 No one should live in fear. It is not acceptable, not inevitable, and together, we can make it stop.

**BRIDGES at Northwood**  
 4111 N. Terrace Dr.,  
 West Palm Beach, FL 33407  
 561-840-3106  
 Mon-Thurs 9am to 7pm  
 Friday 9am to 5pm  
 Sat 10am to 2pm  
 Offering parental support and activities for families with children Ages 0 to 8

## October 2024 HIGHLIGHTS

**BRIDGES AT NORTHWOOD**  
4111 N. TERRACE DRIVE  
WEST PALM BEACH, FL 33407  
PHONE: 561 840 3106

### *“Halloween and Pedestrian Safety”*

## PARENT/CHILD ACTIVITIES

Event: [Raise Me Up](#)  
Date: Every other Tuesday (on-going)  
Time: 11:00am - 12:30pm  
Place: BRIDGES at Northwood

### Tuesday, October 1st:

**Picture Book**: Come and be an author. Each parent and child will participate in circle time and make a book. During this activity parents will learn how encouragement helps their child develop communication skills

### Tuesday, October 15th:

**Create A Tree** The parents will learn about how to support the development of fine motor skills by providing their child(ren) with an art activity of items found around the house.

Event: [It's Your Birthday -](#)  
Date: Thursday, October 3rd, 2024  
Time: 11:00am - 12:30pm AND 5:30pm - 7:00pm  
Place: BRIDGES at Northwood

**Fall Frames**: Kids will enjoy painting Fall themed frames with the help of their parents.

Each and every first Thursday of the month we will celebrate all members and their children's birthdays. If your birthday falls in the month of October come out and let your BRIDGES family sing Happy Birthday to you! If your birthday is not in the month of October you can still participate with your family.

Event: [Tummy Time](#)  
Date: Monday, October 21st 2024  
Time: 11:00am – 12:30pm  
Place: BRIDGES at Northwood

Tummy Time is essential from day one to help your baby grow strong muscles! It can help improve head control, decrease reflux, improve motor skills and development, and encourage a bond between baby and family

Event: [Family Day/Night](#)  
Date: Thursday, October 24th, 2024  
Time: 11:00am - 12:30pm  
Place: BRIDGES at Northwood

**Infinity Affirmations**: Families will color infinity signs and fill them in with powerful affirmations.

## CAPACITY BUILDING

Event: [Safety Series– Halloween & Pedestrian Safety Month](#)  
Date: Thursday, October 3rd 2024 (Spanish) 1pm-2pm  
Date: Thursday, October 10th, 2024(English)1pm-2pm  
Date: Thursday, October 17th, 2024 (Creole) 1pm-2pm  
Place: Zoom / Facebook Live  
[@SafeKidsPalmBeachCounty](#)

Via Zoom at:  
<https://zoom.us/j/6846584976?pwd=L0JEMm4rSGFPd3RSTFU2U5kTFRkQT09>

BOO! Who loves dressing up or getting their children ready for Halloween? Please join us in learning the different ways and tips on how we can keep our children safe during this holiday season. We will talk about costume safety and ways to make sure little ones are seen while out Trick or Treating. We will also be talking about pedestrian safety tips to keep in mind. Whether your child walks to school, to a friend's house after school or around the neighborhood, little ones need to know the rules of the road for walkers to be safe.

Event: [Helmet & Car Seat Inspection](#)  
Date: Wednesday, October 30th, 2024  
Time: 11:00am - 1:30pm(Install/Inspection)  
Time: 3:00pm - 5:00pm (Car Seat Installation)  
Place: Call Brenda 561-840-3106 to schedule your appt.

If your child or you is, a BRIDGES member wants to make sure it is properly installed or you are in need of a new helmet feel free to call Ms. Brenda at 561-840-3106 to schedule your appointment today. Ms. Brenda is a certified helmet technician.

If you would like to purchase a car seat for \$50.00 or you would like Ms. Brenda to make sure it is properly installed. Feel free to call Ms. Brenda at 561-840-3106 to schedule your appointment today. Ms. Brenda is a certified car seat technician.

Event: [SAC Meeting](#)  
Date: Monday, October 21st 2023  
Time: 5:30pm - 6:30pm  
Place: BRIDGES at Northwood

If you live in 33407 zip code and have a child that will be going to kindergarten or 1st grade in the fall then get ready for a family fun reading adventure!!! Join BRIDGES for our Summer Reading Program. A 7 week session that presents on: strengthening your child's early reading skills, promoting bonding between parent and child, and providing fun learning activities for you and your child to do at home.

Event: [Domestic Violence Workshop](#)  
Date: Wednesday, October 23rd 2024  
Time: 11:00am - 12:00pm  
Place: BRIDGES at Northwood

JOIN US IN PERSON, for a workshop presented by ADVA. Where we will be discussing **DOMESTIC VIOLENCE AWARENESS**.

## WORKSHOPS

Event: [Motivating Mommies](#)  
Date: Saturday, October 12th 2024  
Time: 11:00am - 1:00pm  
Place: BRIDGES at Northwood

A collective group of women in our community will meet monthly to discuss hot topics and community resources. We will be discussing the importance of being a mommy. Don't forget to wear your Motivating Mommies T-Shirts and a smile

Event: [A Write To Read](#)  
Date: Tuesday, October 8th, 2024  
Time: 11:00am – 12:30pm  
Place: BRIDGES at Northwood

Promote reading and writing with your pre-school aged children by attending this literacy class. We'll have fun while we create ways to make learning fun for our children.

Event: [ECLC Meeting](#)  
Date: Wednesday, October 16th 2024  
Time: 3:30pm - 4:30pm  
Place: BRIDGES at Northwood

At this meeting, we will discuss what actions our ECLC team can take that will ultimately result in our children better prepared for Kindergarten.

Event: [Game Time](#)  
Date: Friday, October 18th 2024  
Time: 5:30pm - 7:00pm  
Place: Northmore Elementary School

Families will enjoy a night of games reinforcing attendance so be on time to join in on the fun!

Event: [The Shop](#)  
Date: Saturday, October 12th 2024  
Time: 10:00am - 11:00am  
Place: BRIDGES at Northwood





Grab your BRIDGES points & COME SHOP until you drop!

Event: [Motivando a las mamás](#)  
Date: Cada primer lunes  
Time: 11:00am - 12:30pm  
Place: BRIDGES at Northwood

Un grupo colectivo de mujeres de nuestra comunidad se reunirá mensualmente para discutir temas candentes y recursos comunitarios. seremos discutiendo la importancia de ser mamá. No olvides usar tus camisetas Motivating Mommies y una sonrisa.



**OCTOBER 2024**

Mon	Tue	Wed	Thu	Fri	Sat	DID YOU KNOW		
<p><i>When Families Read, Kids Succeed; Home Story-time and Reading Logs</i></p> 	1	2	3	4	5	<p>Domestic Violence impacts</p> 		
7	<p><b>RAISE ME UP</b> Treasure Hunt 5:30pm-7:00pm</p>	<p><b>TUMMY TIME</b> (Free Diapers) 5:30pm-6:30pm</p>	<p><b>SAFETY SERIES</b> (Halloween Safety) 1:00pm via Zoom</p>	11	12			
14	<p><b>FINANCIAL LITERACY</b> 5:30pm-7:30pm <b>DR. MARY MCLEOD BETHUNE ELEM. SAC MEETING</b> 5:30pm</p>	16	<p>17 National wear <b>PURPLE</b> for Domestic Violence Awareness <b>SAFETY SERIES</b> (Halloween Safety) Creole 1:00pm via Zoom</p>	18	<p>19 <b>RAISE ME UP</b> (Painting w/ numbers) 10am-11am <b>LITERACY HOUR</b> 11am-12pm</p>	<p><b>Safety Tips</b></p> <ul style="list-style-type: none"> <li>Join kids under age 12 for trick-or-treating</li> <li>Carry glow sticks or flashlights</li> <li>Use reflective tape or stickers on costumes and bags</li> <li>wear light colors to help kids see and be seen by drivers.</li> </ul>		
21	<p><b>LINCOLN ELEM. SAC MEETING</b> 5:30pm</p>	23	<p>24 <b>"IT'S A GIRL THING!"</b> <b>"STOP THE VIOLENCE"</b> (Lunch provided) 11:00am - 1:00pm <b>READ for the RECORD</b> Piper Chen Sings</p>	25	<p><i>Autumn Adventure</i> <b>AUTUMN ADVENTURE</b> 5:30pm-7:30pm</p>		26	<p><b>COMMUNITY HARVEST FEST</b> 4pm-7pm <i>Fall Harvest Festival!</i></p>
28	<p><b>"THE CAVE"</b> (Dinner provided) 6:30pm - 7:30pm</p>	30	<p>31 <i>Happy Halloween</i></p> 	 <p><b>DOMESTIC VIOLENCE AWARENESS MONTH</b></p>				

**BRIDGES AT RIVIERA BEACH**  
4152 W. Blue Heron Blvd. Suite 227-228  
Riviera Beach, FL 33404  
PHONE: 561-899-1644  
FAX: 561-598-5672

MONDAY - FRIDAY  
9:00am - 5:00pm  
Offering parental support and activities for families and their children.  
[www.bridgesopbc.org/rivierabeach](http://www.bridgesopbc.org/rivierabeach)  
Facebook@Bridges--Riviera

# OCTOBER 2023 HIGHLIGHTS

## MONTHLY THEME



## PARENT/CHILD ACTIVITIES

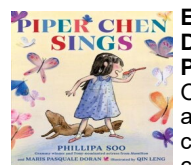
**EVENT:** RAISE ME UP: TREASURE HUNT  
**DATE:** Tuesday, Oct. 8th, 2024 5:30pm-7:00pm  
**PLACE:** BRIDGES at Riviera Beach  
 Get ready, get set and let's go hunting. While your children are looking for items in the hunt, they will be working on developing the problem solving skills. Parents will learn ways to make learning fun through play.

**EVENT:** RAISE ME UP: PAINTING with NUMBERS  
**DATE:** Saturday, Oct. 19th, 2024 10am-11am  
**PLACE:** BRIDGES at Riviera Beach  
 Come to our parent/child activity and paint with numbers. During this activity your child will work on developing their muscles in those little hands. Looking forward to seeing all the pretty art.

**EVENT:** LITERACY HOUR  
**DATE:** Sat., Oct. 19th 2024 11am-12pm  
**PLACE:** BRIDGES at Riviera Beach  
 During the Happily Ever After Parent and Child Together (P.A.C.T.) moment, parents are provided with helpful reading facts and hands-on, interactive strategies that they can easily implement at home with their children.

**EVENT:** TUMMY TIME (w/ WHIN nurse)  
**DATE:** Wed., Oct. 9th, 2024 5:30pm-6:30pm  
**PLACE:** BRIDGES at Riviera Beach  
 This ongoing workshop prepares expectant parents to have a healthy birth and informs parents with babies up to 6 months old about healthy development after baby's arrival.

**EVENT:** READ for the RECORD  
**DATE:** Thurs., Oct. 24th, 2024  
**PLACE:** EVERYWHERE  
 On October 24, 2024 over two million readers and thousands of classrooms, libraries and community organizations will come together to celebrate early literacy by reading Piper Chen Sings. Read for the Record is the world's largest shared reading experience and celebrates and supports children's early language and social-emotional development. a day of celebration and fun—builds an **intergenerational community through reading** and raises awareness around the critical importance of early literacy and access to **inclusive literature**



## WORKSHOPS

**EVENT:** THE CAVE  
**DATE:** Mon., Oct. 14th & 28th, 2024 6:30pm-8:00pm  
**PLACE:** BRIDGES at Riviera Beach  
 Fathers, you are **IMPORTANT** in the lives of your children and families. Come together with other fathers as we support each other to be the **BEST** we can be!

**EVENT:** FINANCIAL LITERACY  
**DATE:** Tues., Oct. 15th, 2024 5:30pm-7:30pm  
**PLACE:** BRIDGES at Riviera Beach  
 Come and join us as we discuss financial strategies, saving opportunities and protection for your family's future. For more information call BRIDGES at 561-899-1644.

**EVENT:** National Wear **PURPLE** Day  
**DATE:** Thurs., Oct. 17th, 2024  
**PLACE:** EVERYWHERE  
Purple Thursday or "Go Purple Day" is a national day of action each October during Domestic Violence Awareness Month. Everyone is encouraged to wear all things purple as a symbol of peace, courage, survival, honor, and personal dedication to domestic violence awareness.

**EVENT:** "WOMEN of POWER"  
**DATE:** Thurs., Oct. 17th, 2024 6:00pm-7:30pm  
**PLACE:** BRIDGES at Riviera Beach  
 Teaching women how to break the cycles of abuse so they can be free from their past will allow each woman a new lease on life.

**EVENT:** "IT'S A GIRL THING!"  
**DATE:** Thurs., Oct. 24th, 2024 11am-1pm  
**PLACE:** BRIDGES at Riviera Beach  
 Please join us for a very sensitive yet important informational session on **Domestic Violence** in our communities from the **YWCA of PBC**. Come gather information, form a support system, that will have a positive impact on you and your family.

**EVENT:** AUTUMN ADVENTURES  
**DATE:** Fri., Oct. 25th, 2024 5:30pm-7:30pm  
**PLACE:** BRIDGES at Riviera Beach  
 Join us as we celebrate the season with a fun-filled evening with family, friends and food. Come in your favorite fun friendly or hero costume at our autumn adventures



## SAFETY WORKSHOP

**EVENT:** Halloween & Pedestrian Safety  
**DATE:** Thurs., Oct., 10th, 2024 1pm  
**DATE:** Thurs., Oct., 17th, 2024 (Creole) 1pm  
**PLACE:** ZOOM: <https://zoom.us/j/6846584976>  
[pwd=L0JEMm4rSGFPd3RSTFU2UU5kTFRkQT09](https://zoom.us/j/6846584976?pwd=L0JEMm4rSGFPd3RSTFU2UU5kTFRkQT09)  
 BOO! Who loves dressing up for Halloween. Please join us in learning the different ways and tips on how we can keep our children safe during this holiday season. We will be talking about costume safety and ways to keep and make sure your little ones are seen and safe while out trick or treating.



HALLOWEEN SAFETY TIPS

## COMMUNITY EVENT

**EVENT:** SCHOOL ADVISORY COUNCIL (SAC meeting)  
**DATE:** Tues., Oct. 15th, 2023 5:30pm  
**PLACE:** Dr. Mary McLeod Bethune Elementary  
 1501 Avenue U. Riviera Beach, FL 33404  
 Parents! You can learn a lot by attending a SAC meeting! Be proactive! Get involved! Meeting location Media Center.

**EVENT:** SCHOOL ADVISORY COUNCIL (SAC meeting)  
**DATE:** Mon., Oct. 21st, 2024 5:30pm  
**PLACE:** Lincoln Elementary  
 1160 Ave. N., Riviera Beach, FL 33404  
 Parents! You can learn a lot by attending a SAC meeting! Be proactive! Get involved! Meeting location room 112

**EVENT:** SCHOOL ADVISORY COUNCIL (SAC meeting)  
**DATE:** Wed., Oct. 2024 5:30pm  
**PLACE:** West Riviera Beach Elementary  
 1057 W. 6th St., Riviera Beach, FL 33404  
 Parents! You can learn a lot by attending a SAC meeting! Be proactive! Get involved!

**EVENT:** FALL HARVEST FEST  
**DATE:** Sat., Oct. 26th, 2024 4:00pm  
**PLACE:** City of Riviera Beach Barracuda Bay  
 1621 W Blue Heron Blvd. Riviera Beach FL 33404

Join us for this fun-filled community event as we celebrate the season with family and friends.

**EVENTS:** HMHB COMMUNITY ACTIVITIES  
**DATES:** Dates and location vary, all **HMHB** activities are free to the public. Registration is **REQUIRED 48 hrs. in advance**. TO REGISTER [www.hmhbpbpc.org](http://www.hmhbpbpc.org) CONTACT INFO. 561-517-1551 or 561-517-2541





Blue: Capacity Bldg. Workshops  
 Yellow: Parent/Child Activities  
 Red: Safety Workshops  
 Orange: Literacy  
 Green: Community Events



October 2024

at WEST PALM BEACH

Mon	Tue	Wed	Thu	Fri	Sat
	1	2	3	4	5
		<b>House Calls / FAU</b> 6:00pm to 7:00pm Zoom			
7	8	9	10	11	12
<b>My Community Orientation</b> 5:30p to 6:30p Zoom		<b>Father's Only</b> 6:00pm to 7:30pm Community Room  <b>SAC Meeting</b> 5:30pm Pleasant City Elementary	<b>Safe Kids</b> <b>1:00pm to 2:00pm</b> <b>Facebook Live</b>		
14	15	16	17	18	19
<b>CIRCLES</b> 6:00pm to 7:30pm Community Room	<b>Money Talks</b> 6:00pm to 7:00pm Zoom		<b>Woman to Woman</b> 6:00pm to 8:00pm Community Room		
21	22	23	24	25	26
	<b>RMU: Baby Talk</b> 6:00pm to 7:00pm Community Room	<b>Father's Only</b> 6:00pm to 7:30pm Community Room  <b>SAC Meeting</b> 5:30pm to 7:00pm Roosevelt Elementary	<b>Literacy Adventure Time</b> 8:00pm to 9:30pm Kravis Center Field Trip *Invitation Only*		
28	29	30	31		
<b>RMU Library Club</b> 6:00pm to 7:00pm <b>Mandel Public Library of West Palm Beach</b>		<b>RMU: Playgroup: Recipe Time</b> 6:00pm to 7:00pm Community Room  <b>Halloween Fun Activity</b> 4:00pm to 6:00pm Silver Palms Place Apt.	<b>Happy Halloween</b>		

**Domestic Violence Awareness Month**

Domestic Violence also called "domestic abuse" is a pattern of behavior in any intimate or close relationship in which some has power and control over another person. It is not only limited to just women, but can include children, relatives and other household members. Domestic Violence Awareness month was first observed in October of 1987 but was not officially designated until October 1989 when U.S. Congress passed Public Law 101-112. People are losing their lives daily to domestic violence. Let work together to end domestic violence. Recognize it, Report it, Prevent it.

**BRIDGES**  
 720 8th Street,  
 West Palm Beach, FL  
 33401  
 561-804-6754

Mon-Thurs 9am to 6 pm  
 Friday 9am to 5 pm

Offering parental support and activities for families with children Ages 0 to 8

All activities occur at BRIDGES at West Palm Beach unless otherwise specified.

## HIGHLIGHTS

### BRIDGES AT WEST PALM BEACH

720 8th Street  
West Palm Beach, FL 33401

## PARENT/CHILD ACTIVITIES

### Event: **RMU Baby Talk**

**Date:** October 22, 2024

**TIME:** 6:00pm to 7:00pm

**Place:** Community Room

Summary: Raise Me Up BABY TALK is for pregnant families and/or having a child 12 months or younger. Various topics for discussion and activities for child development are all a part of this activity. This month we will have a Therapist led discussion on Domestic Violence and all the forms it comes in. In addition, we will be exploring sensory learning activities as a form of development to enhance communication and problem-solving skills in infants. BRIDGES loves to give resources and this activity includes a pack of diapers. See the flyer for further details.

### Event: **LITERACY ADVENTURE TIME: Kravis Center Field Trip**

**Date:** October 24, 2024

**Time:** 8:00pm to 9:30pm

**Place:** Kravis Center

Summary: Literacy Adventure Time is for kids of all ages. This month we will be taking a Field Trip to the Kravis Center and be experiencing the music of South Africa with The ND Lovu Youth Choir. They will be performing a mix of traditional South African genres, mixed with pop, rock, jazz and more. This youth choir reached the final of Season 14 on American's Got Talent. This is a by invitation only activity.

### Event: **RMU Library Club**

**Date:** October 28, 2024

**TIME:** 6:00pm to 7:00pm

**Place:** Mandel Public Library of West Palm Beach

The Raise Me Up Library Club is for ages 1 to 5 years and is all about fun learning activities in the Youth Library's KidSpace. The Library Club has storytelling, singing, movement and more that will assist with the development of communication and problem-solving skills. See the flyer for further details

### Event: **RMU: Playgroup: Recipe Time**

**Date:** October 30, 2024

**Time:** 6:00pm to 7:00pm

**Place:** Community Room

Summary: The Raise Me Up Playgroup is for ages 1 to 5 years and is all about using group play to learn. This month we will be following a recipe and making a Spider Pie. Your child will be developing communication and problem-solving skills with this fun learning activity. See the flyer for further details.

## COMMUNITY EVENTS

### Event: **SAC Meeting: Pleasant City Elementary**

**Date:** October 9, 2024

**Time:** 5:30pm

**Place:** Pleasant City Elementary School

Summary: For all our members with children attending Pleasant City Elementary School, come out and join us they will be going over the different things going on at the linkage school

### Event: **SAC Meeting: Roosevelt Elementary**

**Date:** October 23, 2024

**Time:** 5:30pm to 7:00pm

**Place:** Roosevelt Elementary School

Summary: For all our members with children attending Roosevelt Elementary School, come out and join us they will be going over the different things going on at the linkage school.

### Event: **Halloween Fun Activity**

**Date:** October 30, 2024

**Time:** 4:00pm to 6:00pm

**Place:** Silver Palms Place Apt.

Summary: Come out and enjoy some fun filled Halloween activities.

## WORKSHOPS

### Event: **HOUSE CALLS WITH FAU–Breast Health & Domestic Violence**

**Date:** October 2, 2024

**Time:** 6:00pm to 7:00pm

**Place:** Zoom

Summary: House calls with FAU- breast health & domestic violence: Join us for a informative discussion on advocating for your yourself with health practitioners. Practicing nurses are available to answer any questions. [In partnership with FAU & Harmony House.](#)

### Event: **My Community Orientation**

**Date:** October 7, 2024

**Time:** 5:30pm to 6:30pm

**Place:** Zoom

Summary: This is an awareness workshop for our BRIDGES members about services and local resources available to you. As well as what our partnership with you as a member will look like. You will be orientated to BRIDGES. If you missed the Parent night last month, please try to attend.

### Event: **Circles**

**Date:** October 14, 2024

**Time:** 6:00pm to 7:30pm

**Place:** Community Room

Summary: It's time for a fresh start come and join BRIDGES as we learn about a new program that will be coming to our location. Gain information on how you can gain financial freedom, improve your lifestyle and accomplish your goals. [In partnership with Circles pathway to Success](#)



## WORKSHOPS

### Event: **Fathers Only**

**Date:** October 9, 23, 2024

**Time:** 6:00pm to 7:30pm

**Place:** BRIDGES Community Room

Summary: Fathers group to empower fathers and father figures, to support and engage with children. [Partnership with SICKE CELL FOUNDATION and Project FACT](#)

### Event: **SAFE KIDS– Halloween and Pedestrian Safety**

**Date:** October 10, 2024

**Time:** 1:00pm to 2:00pm

**Place:** Facebook Live

Summary: Safe Kids Will be broadcasted via Facebook live. Link and instructions will be posted on the BRIDGES of West Palm Beach Facebook page. BOO! Who loves dressing up or getting their children ready for Halloween? Please join us in learning the different ways and tips on how we can keep our children safe during this holiday season. We will talk about costume safety and ways to make sure little ones are seen while out Trick or Treating. We will also be talking about pedestrian safety tips to keep in mind. Whether your child walks to school, to a friend's house after school or around the neighborhood, little ones need to know the rules of the road for walkers to be safe.

### Event: **Money Talk**

**Date:** October 15, 2024

**Time:** 6:00pm to 7:00pm

**Place:** Zoom

- Summary: Money Talk: life insurance: Join us on our financial literacy series where we discuss self sufficient topics such as savings, credit, home owning, and much more. [Partnership with MaryLou Northern YWCA & Primerica.](#)

### Event: **WOMAN TO WOMAN**

**Date:** October 17, 2024

**Time:** 6:00pm to 8:00pm

**Place:** BRIDGES at West Palm Beach

Summary: Domestic Violence Awareness Month were inviting everyone to speak up! To spark change, we must talk openly and acknowledge how DV affects our communities, our families, and our lives. We must be Brave! We must see DV! Join our W2W empowerment group for a round table talk. RSVP Only