



at WEST PALM BEACH

Blue: Capacity Bldg. Workshops  
 Yellow: Parent/Child Activities  
 Red: Safety Workshops  
 Orange: Literacy  
 Green: Community Events



November 2024

Mon	Tue	Wed	Thu	Fri	Sat
4	5	6	7	8	9
	<u>My Community Orientation</u> 5:30pm to 6:30pm *Community Room	<u>House Calls / FAU Premature Births</u> 6:00pm to 7:00pm *Zoom	<u>Community Resource Marketplace</u> 10:00am to 2:00pm *Mandel Library		
11	12	13	14	15	16
	<u>RMU: Baby Talk</u> 6:00pm to 7:00pm *Community Room	<u>SAC Meeting Pleasant City</u> 5:30pm *Pleasant City Elementary	<u>Prematurity Awareness 12pm</u> <u>Safe Kids Kitchen &amp; Cooking Safety 1:00pm</u> <u>Prematurity Awareness 6pm</u> *All sessions via Zoom		<u>Spotlight on Learning: Visiting a Museum / Safe Kids Kitchen &amp; Cooking Safety</u> 10:00am to 3:00 pm *Norton Museum
18	19	20	21	22	23
	<u>Father's Only</u> 6:00pm to 7:30pm *Community Room	<u>Money Talks</u> 6:00pm to 7:00pm *Zoom	<u>Prematurity Awareness</u> 6:00pm to 7:00pm *Zoom		<u>Literacy Adventure Time: Dance Troup of Harlem</u> 8:00pm *RSVP Kravis Center
25	26	27	28	29	30
	<u>RMU Playgroup: Share a Supper/ Thanksgiving Celebration&amp; Craft</u> 4:30pm to 6:00pm *Pleasant City Community Ctr	<b>Thanksgiving Office Closing at 3:00pm</b>	<b>Happy Thanksgiving Office Closed</b>	<b>Thanksgiving Holiday Office Closed</b>	**All activities occur at BRIDGES at West Palm Beach unless otherwise specified.**

**Prematurity Awareness Month**

According to the March of Dimes, "each year in the U.S., 1 in 10 babies is born preterm. This November marks the 20th anniversary of Prematurity Awareness Month. The goal is for women to have the possibility to have healthy pregnancies, but among many countries the United States remain to one of the most dangerous developed countries to give birth. With proper measures taken preterm pregnancies are preventable with the right care and proper maternal health education we can reduce the risk of premature births. Join us on November 17, by wearing purple for World Prematurity Day.

**Attention: Woman to Woman and Father's Only is teaming up this month to Volunteer for Thanksgiving Giveaway.**

**See the back of the Calendar for details.**

**BRIDGES**  
 720 8th Street,  
 West Palm Beach, FL  
 33401  
 561-804-6754

Mon-Thurs 9am to 6 pm  
 Friday 9am to 5 pm

Offering parental support and activities for families with children Ages 0 to 8

## PARENT/CHILD ACTIVITIES

**Event: [RMU BABY TALK](#)**

**Date:** November 12, 2024

**TIME:** 6:00pm to 7:00pm

**Place:** Community Room

**Summary:** Raise Me Up BABY TALK is for pregnant families and/or having a child 12 months or younger. Various topics for discussion and activities for child development are all a part of this activity. This month we will be having some Thanksgiving Fun exploring fine motor and personal social skills. BRIDGES loves to give resources and this activity includes a pack of diapers. See the flyer for further details.

**Event: [SPOT LIGHT ON LEARNING:  
VISITING A MUSEUM  
& KITCHEN AND COOKING SAFETY](#)**

**Date:** November 16, 2024

**TIME:** 10:00am to 3:00pm

**Place:** Norton Museum of Art

**Summary:** Spotlight ON Learning is an activity designed to highlight a learning experience. This month we will be Visiting a Museum, doing an art craft, and enjoying lunch. Transportation is provided to and from the Norton Museum and will leave and return from our site. RSVP is required to reserve your spot. See the flyer for additional information

**Event: [LITERACY ADVENTURE TIME: Kravis Center](#)**

**Date:** November 23, 2024

**Time:** 8:00pm to 9:30pm

**Place:** Kravis Center

**Summary:** Literacy Adventure Time is for kids of all ages. This month we will be taking a Field Trip to the Kravis Center and be experiencing culture/expression in the form of dance. The Dance Troop of Harlem will be performing classic and contemporary works that use the language of ballet that translates and belongs to everyone. By RSVP only.

**Event: [RMU: PLAYGROUP: THANKSGIVING](#)**

**Date:** November 26, 2024

**Time:** 4:30pm to 6:00pm

**Place:** Pleasant City Community Center 501 21st Street, WPB 33407

**Summary:** The Raise Me Up Playgroup is for ages 1 to 5 years and is all about using group play to learn. This month we will be meeting at the Share A Meal Thanksgiving Celebration at the Pleasant City Recreation Center located across from PC Elementary. BRIDGES will have a table to enjoy the Thanksgiving meal and enjoy a craft that is designed to develop fine motor and personal social skills. See the flyer for additional information.

## HIGHLIGHTS

**BRIDGES AT WEST PALM BEACH**

720 8th Street

West Palm Beach, FL 33401

(561) 804-6754

## COMMUNITY EVENTS

**Event: [SAC MEETING: PLEASANT CITY ELEMENTARY](#)**

**Date:** November 13, 2024

**Time:** 5:30pm to 7:00pm

**Place:** Pleasant City Elementary School

**Summary:** Attention Pleasant City Elementary School families! Join us for an informative meeting about all the exciting happenings at your child's school. We'd love to see you there!

**Event: [VOLUNTEER FOR THANKSGIVING GIVEAWAY](#)**

**Date:** November 23rd & November 28th

**Place:** Please contact Annissa at 561-324-6988 to Register and receive details. This is a Woman to Woman and Father's Only Volunteer activity.

## WORKSHOPS

**Event: [MY COMMUNITY ORIENTATION](#)**

**Date:** November 5, 2024

**Time:** 5:30pm to 6:30pm

**Place:** Bridges Community Room

**Summary:** This is an awareness workshop for our BRIDGES members about services and local resources available to you. As well as what our partnership with you as a member will look like. You will be orientated to BRIDGES. If you missed the Parent night last month, please try to attend.

**Event: [HOUSE CALLS WITH FAU](#)**

**Date:** November 6, 2024

**Time:** 6:00pm to 7:00pm

**Place:** Zoom

**Summary:** Join us for an engaging conversation about advocating for yourself and your baby during and after premature birth. Our experienced nurses will be available to answer your questions and provide support. Check our Facebook page for the Zoom link!

**In partnership with FAU & Harmony House.**

## WORKSHOPS

**Event: [COMMUNITY RESOURCE MARKETPLACE](#)**

**Date:** November 7, 2024

**Time:** 10:00am to 2:00pm

**Place:** Mandel Public Library of West Palm Beach

**Summary:** Find services & resources in our community for seniors, veterans, job seekers, children and families. **Partnership with Mandel Library**

**Event: [KITCHEN AND COOKING SAFETY](#)**

**Date:** November 14, 2024

**Time:** 1:00pm to 2:00pm

**Place:** Zoom

**Summary:** Safe Kids Will be broadcasted via Zoom. Link and instructions will be posted on the BRIDGES of West Palm Beach Facebook page. **Partnership with Safe Kids Palm Beach County**

**Event: [FATHERS ONLY](#)**

**Date:** November 19, 2024

**Time:** 6:00pm to 7:30pm

**Place:** BRIDGES Community Room

**Summary:** Fathers group to empower fathers and father figures, to support and engage with children. **Partnership Sickel Cell and Project FACT**

**Event: [MONEY TALK](#)**

**Date:** November 20, 2024

**Time:** 6:00pm to 7:00pm

**Place:** Zoom

**Summary:** Money Talk: life insurance: Join us on our financial literacy series where we discuss self sufficient topics such as savings, credit, home owning, and much more. **Partnership with MaryLou Northern YWCA & Primerica**

**Event: [PREMATURITY AWARENESS Q & A  
W/ MICHELLE WILLIAMS](#)**

**Date:** November 21, 2024

**Time:** 6:00pm to 7:00pm

**Place:** Zoom

**Summary:** Prematurity Awareness month is celebrated in November to recognize the health challenges of preterm birth and to find ways to reduce the number of premature babies born each year. **Partnership with Sickel Cell Foundation**