

# NOVEMBER 2024



Blue: Capacity Bldg. Workshops  
 Yellow: Parent/Child Activities  
 Red: Safety Workshops  
 Orange: Family Literacy  
 Green: Community Events

(E) English (S) Spanish (C) Creole



Mon	Tue	Wed	Thu	Fri	Sat
				1	2
4	5 <a href="#">Homework Assistance/ Brilliant Minds</a> 3:30 pm-5:30 pm <a href="#">College Prep</a> 5:30 pm-7:30 pm	6 <a href="#">STEAM Program</a> 3:30 pm-5:30 pm	7 <a href="#">Kitchen &amp; Cooking Safety Wksp.</a> ZOOM (S) 1:00 pm-2:00 pm <a href="#">Reading Club 4 Kidz</a> 3:30 pm-5:30 pm <a href="#">College Prep</a> 5:30 pm-7:30 pm	8	9
11  OFFICE CLOSED In Remembrance of Veteran Day	12 <a href="#">Healthy Babies</a> (E/S) 12:00 pm-1:30 pm <a href="#">Baby Shower</a> (Registered Only) 12:00 pm- 1:30 pm <a href="#">Homework Assistance/ Brilliant Minds</a> 3:30 pm-5:30 pm <a href="#">College Prep</a> 5:30 pm-7:30 pm	13 <a href="#">Raise Me Up &amp; Healthy Births</a> (E/S-PC) 10:00 am-11:00am <a href="#">STEAM Program</a> 3:30 pm-5:30 pm	14 <a href="#">Books, Arts &amp; Crafts</a> 10:00 am-11:30 am (E/S) <a href="#">Kitchen &amp; Cooking Safety Wksp.</a> ZOOM (E) 1:00 pm-2:00 pm <a href="#">Reading Club 4 Kidz</a> 3:30 pm-5:30 pm <a href="#">College Prep</a> 5:30 pm-7:30 pm	15 <a href="#">Food Distribution</a> 9:00 am (Until Supplies last) <a href="#">Ambassador Meeting</a> 6:00 pm-8:00 pm	16
18	19 <a href="#">Homework Assistance/ Brilliant Minds</a> 3:30 pm-5:30 pm <a href="#">2024 Summer Reading Prg. Overview</a> (Invitation Only) 5:30 pm- 6:30 pm <a href="#">College Prep</a> 5:30 pm-7:30 pm	20 <a href="#">Raise Me Up</a> (E/S-PC) 10:00 am-11:00 pm <a href="#">Turkey Distribution</a> (REGISTERED ONLY) 11:30 am-3:30pm <a href="#">STEAM Program</a> 3:30 pm-5:30 pm	21 <a href="#">PBC Public Library System Storytime</a> (E/S) (Literacy) 10:00 am-11:00 am <a href="#">Reading Club 4 Kidz</a> 3:30 pm-5:30 pm <a href="#">College Prep</a> 5:30 pm-7:30 pm <a href="#">Latinos Fuertes en Accion</a> 6:30 pm-7:30 pm	22 <a href="#">Women Helping Women /Women's Club</a> E/S 11:00 am-1:00 pm	23
25 NO SCHOOL	26 NO SCHOOL	27 <a href="#">Exploring our World</a> (E/S)(PC) 10:30 am-11:30 am  NO SCHOOL	28 <b>OFFICE CLOSED</b> NO SCHOOL	29 <b>OFFICE CLOSED</b> NO SCHOOL	30

## DID YOU KNOW THAT:

November is the month dedicated to raising prematurity awareness.. Preterm birth is a leading cause of infant mortality, and about 1 in 10 babies are born preterm.

Risk factors for preterm birth include:

- Delivering a premature baby in the past
- Being pregnant with multiples births
- Tobacco use and substance abuse
- A short time (less than 18 mths.) between pregnancies



FAMILY IMPACT PALM BEACH COUNTY  
BRIDGES at Lake Worth West

MAIN OFFICE:  
2411 10TH AVENUE N.  
LAKE WORTH, FL 33461  
PHONE: 561-649-9600

MONDAY - FRIDAY  
9:00am - 5:00pm

www.familyimpactpbc.org  
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# NOVEMBER 2024 HIGHLIGHTS

## MONTHLY THEME

"Small actions, BIG IMPACT: Immediate skin-to-skin care for every baby everywhere"

## PARENT CHILD ACTIVITY

Event: [RAISE ME UP \(PARENTS AND CHILDREN\) & HEALTHY BABIES \(E/S\)](#)

Date: **Wednesday, November 13th 10:00 am - 11:00 am**

Place: **Bethel Assembly of God (Church)  
4320 S. Congress Ave., Palm Springs, FL 33461**

Sponsored **Lantana Road Branch Library & BRIDGES.**

Event: [RAISE ME UP \(PARENTS AND CHILDREN\)\(E/S\)](#)

Date: **Wednesday, November 20th 10:00 am-11:00 am**

Place: **Lantana Road Branch Library  
4020 Lantana Rd., Lake Worth, FL 33462**

Join us for this parent-child class to practice fine and gross motor skills, promoting social and emotional health, problem-solving, and communication.

Sponsored **by Lantana Road Branch Library & BRIDGES.**

Event: [EXPLORING OUR WORLD \(E/S\)](#)

Date: **Wednesday, November 27th 10:30 am – 11:30 am**

Place: **Palm Springs Library  
217 Cypress Ln., Palm Springs, FL 33461**

Parent get together and read books about moral and values, they can later teach their children.

Sponsored **by BRIDGES and Palm Springs Library**

## FAMILY LITERACY

Event: [PBC PUBLIC LIBRARY SYSTEM STORY TIME \(E/S\)](#)

Date: **Thursday, November 21st 10:00am-11:00am**

Place: **Bethel Assembly of God (Church)  
4320 S. Congress Ave., Palm Springs, FL 33461**

PBC Library System will host a one hour activity in which they will encourage parents to read and do activities with their kids so they can learn new words and increase love for reading.

Sponsored **by the Palm Beach County Public Library System.**

## WORKSHOPS

Event: [AMBASSADORS MEETING \(Invitation Only\)](#)

Date: **Friday, November 15th 6:00 pm-8:00 pm**

Invited members will join our Bridges at Lake Worth West Ambassadors group. They will be encouraged, motivated and trained to continue developing their leadership skills.

Sponsored **by BRIDGES**



## WORKSHOPS

Event: [HEALTHY BABIES](#)

Date: **Tuesday, November 12th 11:00 pm-1:00 pm**

Place: **Bethel Assembly of God (Church)  
4320 S. Congress Ave., Palm Springs, FL 33461**

Pregnant Mommies and Moms to be will receive vital information on premature awareness. **Sponsored by BRIDGES**

Event: [BOOKS, ARTS AND CRAFT S\(E/S\)](#)

Date: **Thursday, November 14th, 10:00am—11:30am**

Place: **Bethel Assembly of God (Church)  
4320 S. Congress Ave, Palm Springs, FL 33461**

We will guide the parents in creating beautiful crafts and building new skills, which give a sense of achievement, confidence, and parents can take pride in their work. **Sponsored by BRIDGES**

Event: [WOMEN HELPING WOMEN/WOMEN'S CLUB \(E/S\)](#)

Date: **Friday, November 22nd 10:00 am-1:00 pm**

Place: **Bethel Assembly of God (Church)  
4320 S. Congress Ave., Palm Springs, FL 33461**

Come and be part of a great group of women. Talk about important topics, enjoy socializing and recreational activities. **Sponsored by Be Well PBC**

Event: [2024 SUMMER READING PRG. OVERVIEW \(E/S\)](#)

Date: **Tuesday, November 19TH 5:30 PM– 6:30 pm**

Place: **Bethel Assembly of God (Church)  
4320 S. Congress Ave., Palm Springs, FL 33461**

Join us for enlighten conversation about the Summer Reading Program. Parents and child will share how the program enhanced their child's academics in school. **Sponsored by BRIDGES**

Event: [LATINOS FUERTES EN ACCION \(E/S\) \(MEN ONLY\)](#)

Date: **Thursday, November 21th 6:30 pm-7:30 pm**

Come join a circle of hard working men and fathers. That are willing to share their knowledge and empower others. We will share ideas and discuss important topics. **Sponsored by BRIDGES.**

## SAFETY WORKSHOP

Event: [KITCHEN & COOKING SAFETY WKSP. \(ZOOM\)](#)

Date: **Thursday, November 7th 1pm – 2pm Spanish**

**Thursday, November 14th 1pm – 2pm English**

We will be focusing on smart kitchen tips to keep little ones safe and ways to include children in cooking and meal prep.

Sponsored **by Safe Kids of PBC.**

## COMMUNITY EVENT

Event: [HOMEWORK ASSISTANCE/BRILLIANT MINDS](#)

Date: **Tuesdays 3:30pm- 5:30pm**

Place: **Palm Springs Seventh-Day Adventist Church  
4424 S. Military Trl., Lake Worth, FL 33463**

Through our homework assistance program we offer help and support to the kids of our community (1st grade through 5th grade) with their homework. **Sponsored by PBSO.**

Event: [STEAM PROGRAM](#)

Date: **Wednesdays 3:30pm-5:30pm**

Place: **Palm Springs Seventh-Day Adventist Church  
4424 S. Military Trl., Lake Worth, FL 33463**

Through the STEAM Program kids will learn (S-Science, T-Technology, E-Engineering, A-Art, M-Math). **Sponsored by PBSO.**

Event: [READING CLUB 4 KIDZ](#)

Date: **Thursdays 3:30pm-5:30pm**

Place: **Palm Springs Seventh-day Adventist Church  
4424 S. Military Trl., Lake Worth Beach, FL 33461**

expanded vocabulary and to create more in-depth sentences, and focus on comprehension. Students are asked to identify, interpret and analyze passages. **Sponsored by Dollar General.**

Event: [COLLEGE PREP](#)

Date: **Tuesdays and Thursdays 5:30 pm - 7:30 pm**

Place: **Palm Springs Seventh-Day Adventist Church  
4424 S. Military Trl., Lake Worth, FL 33463**

This program is offered to assist high school students 9th to 12th grade to strengthen their academic skills, help with college entry and much more. **Sponsored by United Way of PBC.**

Event: [COMMUNITY BABY SHOWER \(Registered Only\)](#)

Date: **Tuesday, November 12th 11:00 pm-1:30 pm**

Come join the mommies to be and one that have given birth to enjoy a day to be catered to them and the babies. **Sponsored by BRIDGES.**

Event: [FOOD DISTRIBUTION \(RBI\)](#)

Date: **Friday, November 15th 9:00 am (UNTIL SUPPLIES LAST)**

Place: **Bethel Assembly of God (Church)  
4320 S. Congress Ave., Palm Springs, FL 33461**

Come by and receive can goods, fruits and much more while supplies last. **Sponsored by PBSO & Restoration Bridge Intl. and BRIDGES**

Event: [THANKSGIVING DISTRIBUTION \(REGISTERED ONLY\)](#)

Date: **Wednesday, November 20th 11:30 am–3:30pm**

Thanksgiving is not only a time to give thanks but a time to give back. We are blessed. **Sponsored by BRIDGES & OCR & PBSO**

