# November 2024

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Children's Services Council Healthy. Safe. Strong.

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	Mon	Tues	Wed	Thu	Fri	Sat		
			Prematurity AWARENESS MONTH NOVEMBER		1	2 Journey Church/ BLW Block Party 11:00 AM to 1:00 PM 1718 Douglas St S, Lake Worth Beach, FL 33460		BRIDGES AT LAKE WORTH 802 S Dixie Hwy LAKE WORTH, FL 33460 PHONE: 561-899-1642 FAX# 561-598-5670 MONDAY - FRIDAY
	4	5 RMU: "A Book to Life" 4:00 PM to 5:00 PM (BLW)	6 Benefits Application 10:00 AM to 2:00 PM (BLW)	7 Summer Safety: "Kitchen and Cooking Safety" (Spanish) 1:00 PM on ZOOM	8	9	•	8:30am - 5:00pm www.bridgesofpbc.org Facebook: BRIDGES At Lake Worth
1		<b>ELECTION</b>		Cultural Night 5:00PM to 7:00PM (BLW)				
	11 Women's Time (Spanish) 4:00PM to 5:00PM (BLW) ***** VETERANS DAY	12 Family Fun Time: <i>"Turkey Wind Stocks"</i> 4:00 PM to 5:00 PM (BLW)	<sup>13</sup> Story-Time 4PM - 5PM	14 Summer Safety: "Kitchen and Cooking Safety" (English) 1:00 PM on ZOOM Workshop on Prematurity Awareness 4:30PM to 5:30PM (BLW)	15 Haitian Engagement Park Event 4:30PM to 5:30PM (BLW)	16		<b>PREMATURITY</b> AWARENESS MONTH
	18 Fathers Engagement Meeting 5:30 PM to 6:30PM (BLW)	19 RMU: "Tarkey Time" 4:00 PM to 5:00 PM (BLW)	20 SAC Meeting at South Grade at 8:15AM Benefits Application 10:00 AM to 2:00 PM (BLW)	21 Summer Safety: "Kitchen and Cooking Safety" (Creole) 1:00 PM on ZOOM	22	23		Did you know? Preterm birth is a leading cause of death among children under five, with an estimated 15
	25	26 Turkey Giveaway Time: TBD	27 Benefits Application 10:00 AM to 2:00 PM (BLW)	28 BRIDGES CLOSED	29 BRIDGES CLOSED	30		million babies (one in ten) born prematurely worldwide every year

### **NOVEMBER 2024 HIGHLIGHTS**

### **MONTHLY THEME**

"Small actions, BIG IMPACT"

#### Event:

Date:November 5th 4:00PM to 5:00PMPlace:BRIDGES at Lake Worth

A "Bringing a Book to Life" craft involves children creating art or projects inspired by their favorite stories, making characters and scenes from the book come alive through their imagination and creativity.

### Event: Family Fun Night: "Turkey Wind Stocks"

### Date: November 12th 4:00PM to 5:00PM Place: BRIDGES at Lake Worth

Parent will help their child create this fun and simple Thanksgiving decoration where you make a turkey's face and add colorful, hanging "feathers" that blow in the wind.

### Event: <u>RMU</u>: "Turkey

Date: November 19th 4:00PM to 5:00PM Place: BRIDGES at Lake Worth Kids and parents create turkey-themed decorations or artwork, typically using materials like paper, paint, and feathers, to celebrate Thanksgiving together.

### **FAMILY LITERACY**

#### Event: <u>Story-time</u>

Date:November 13th4:00PM to5:00PMPlace:BRIDGES at Lake WorthReading and storytelling with babies and children promotes brain<br/>development and imagination, develops language and emotions,





#### Event: <u>Cultural Night</u>

 Date:
 November 7th 5:00PM to 7:00PM

 Place:
 BRIDGES at Lake Worth

 Cultural Night is an event that celebrates diversity, where people

come together to share and experience different traditions, foods, music, and performances from various cultures.

#### Event: Women's Time

Date: November 11th 4:30PM to 5:30PM Place: BRIDGES at Lake Worth

Mother's Leadership is a group of Hispanic women who meet once a month to accomplish goals within their own community.

#### Event: Workshop on Prematurity Awareness

Date: November 14th 4:30PM to 5:30M Place: BRIDGES at Lake Worth

The Prematurity Awareness Workshop educates participants on the challenges and care needs of premature infants, covering causes, early interventions, and support resources for families. It aims to improve outcomes through knowledge-sharing among healthcare providers, parents, and advocates.

#### Event: Haitian Engagement Park Event

Date: November 15th 3:30PM to 6:00M

Place: BRIDGES at Lake Worth Haitian Family Engagement Event is about reaffirming and growing Haitian participation to BRIDGES.

#### Event: Fathers Engagement Meeting

Date:November 18th 5:30PM to 7:00PMPlace:BRIDGES at Lake WorthFather's Engagement Club is a group of men who meet once a<br/>month to provide support and engage in productive activities.

## SAFETY WORKSHOP Event: Summer Safety: "Kitchen and Cooking Safety" Dates: November 7th 1:00PM to 2:00PM (Spanish) November 14th 1:00PM to 2:00PM (English) November 21st 1:00pm to 2:00PM (Creole) Place: ZOOM Meeting

**WORKSHOPS** 

This is a great time to plan safety in the kitchen with the holidays approaching. We will be focusing on smart kitchen tips to keep little ones safe and ways to include children in cooking and meal prep. Great tips will be discussed to include your children safely in the kitchen. We will also talk about the importance of smoke alarms and how they are best used in the kitchen.



### **COMMUNITY EVENT**

Event:Benefits ApplicationDate:Wednesdays 10:00AM to 2:00PMPlace:BRIDGES at Lake WorthA benefits specialist provided through the Palm BeachCounty Food Bank is available every Wednesday toassist BLW members with their SNAP applications.

Event:	Journey Church/ BLW Block Party						
Date:	November 2nd 11:00AM to 1:00PM						
Place:	1718 Douglas St S, Lake Worth Beach FL						
Join our l	block party with lots of family fun!						

<b>Event:</b>	SAC Meeting at South Grade Elementary
Date:	November 23rd 8:15AM-9:00AM
Place:	South Grade Elementary
BLW wil	l be in attendance at South Grade's SAC Meeting

Event:Turkey Giveaway EventDate:November 28th 11:00AMPlace:BRIDGES at Lake WorthHappy Thanksgiving from BLW!