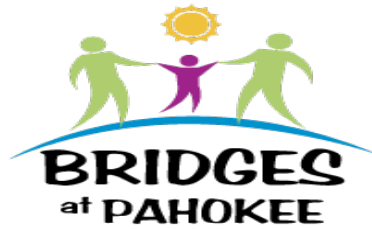
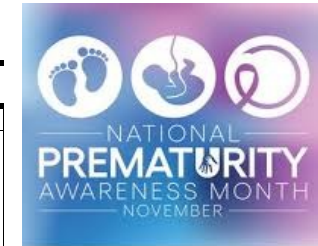


Blue: Capacity Bldg. Workshops
 Yellow: Parent/Child Activities
 Red: Safety Workshops
 Orange: Family Literacy
 Green: Community Events
 (E) English (S) Spanish (C) Creole



November 2024

Mon	Tue	Wed	Thu	Fri	Sat
				1	4
4	5	6 SAC Meeting 5:30pm– 6:30 pm Pahokee Elementary	7 Prematurity Awareness Workshop 2:00pm- 3:00pm Virtual Zoom RMU Turkey Time 5:00pm-6:00pm Bridges at Pahokee	8	9
11	12 Prenatal Care Workshop 5:00pm-6:00pm Bridges at Pahokee 	13 ECLC 10:00am-11:00am Pahokee Elementary	14 Safe Kids Kitchen and cooking Safety English 1:00pm– 2:00pm ZOOM/Facebook Live Pumpkin Spice playdough 3:30pm-4:00pm Lvy Library	15 Friday Night Storytime 3:00pm-4:00pm LVY Library STORYTIME 	16
18 Health Equity Focus Group 5:00pm-6:30pm Bridges at Pahokee	19 Kids In the Kitchen 5:00pm-6:00pm Bridges at Pahokee	20 SAC Meeting 9:00am-10:00am KEC Elementary Health Dept Workshop 5:00pm-6:00pm Bridges at Pahokee	21 Virtual Mental Health First aid training 8:00am-12:00pm Virtual BINGO Holiday Dinner 5:30 pm—7:00 pm Pahokee Marina	22 Virtual Mental Health First aid training 8:00am-12:00pm Virtual	23 Reading Buddies 3:00pm-4:00pm LVY Library
25	26	27	28 Happy Thanksgiving! Office Closed 	29 Happy Thanksgiving! Office Closed 	30



BRIDGES AT PAHOKEE
 170 S Barfield Highway
 Pahokee, FL 33476
PHONE:
 561-924-9224

MAIN OFFICE:
 Suite 102
ACTIVITY BUILDING:
 Suite 107

MONDAY - FRIDAY
8:30am - 5:00pm
 Offering parental support, resources, and activities for families and their children.

Facebook @ BRIDGES - - Pahokee

NOVEMBER 2024 HIGHLIGHTS

MONTHLY THEME

“Small actions, BIG IMPACT!”
Immediate skin-to-skin care for everywhere

PARENT/CHILD ACTIVITIES

Event: [Pumpkin Spice Playdough](#)
Date: Thursday November 14th @ 3:00-4:00pm
Place: LVY Library

Join us to have an amazing time making and playing with pumpkin spice scented playdough! Sponsored by Bridges

Event: [RMU “Turkey Time”](#)
Date: Thursday, November 7th @ 5:00-6:00pm
Place: BRIDGES at Pahokee

During this time we will create a turkey as special as you!
Sponsored by BRIDGES

Event: [Kids in the Kitchen](#)

Date: Thursday, November 21st @ 5:00-6:00pm
Place: BRIDGES at Pahokee

It’s a family affair! Parents will support their children in creating delicious treats! Children will create their very own Holiday treat! RSVP at (561)924-9224 . Sponsored by BRIDGES



FAMILY LITERACY

Event: [Friday Night Storytime!](#)
Date: Friday, November 15th @ 3:00pm-4:00pm
Place: LVY Library

Inviting all families to join Loula V York library for a Halloween Beastly bash, where you’ll enjoy exciting spooky stories, crafts, and a costume contest. This event is open to the community, please come out and enjoy free popcorn, free cotton candy and giveaways. **For more information call 561-924-9224.**

Event: [Reading Buddies!](#)
Date: Saturday, November 23 @ 3:00pm-4:00pm
Place: LVY Library

Parents of students in Grades K through 5th will practice their reading skills with teen buddies in a comfortable environment!

Capacity Building Activities

Event: [School Advisory Council Meeting](#)
Date: Wednesday, November 6 @ 5:30pm – 6:30pm
Place: Pahokee Elementary

School Advisory Councils—were created to empower all parents of children attending Palm Beach County Schools to be actively and meaningfully involved in the education of their children. PBCSD Believes that informed and engaged parents are the best advocate for their children to meet the social needs and ensure that their child educational need is balanced.

Event: [Premature Awareness Workshop](#)
Date: Tuesday, November 12th @ 2:00pm-3:00pm
Place: Virtual ZOOM

Join March of Dimes to raise awareness of this critical health issue, as babies born prematurely may face life threatening complications and have lifelong health problems. Each year in the US, 1 and 10 babies are born preterm. The term preterm birth refers to a birth that occurs prematurely, 37 weeks before pregnancy. For additional information or inquiries, please contact 561-924-9224.

Event: [Prenatal Care Workshop](#)
Date: Tuesday, November 12th @ 5:00pm-6:00pm
Place: Bridges at Pahokee

Pregnancy is an exciting and sometimes challenging journey. Join the FCHC and HMHB as they share information on how to stay informed and healthy throughout your pregnancy and beyond. **For more information, please call 561-924-9224.**

Event: [ECLC Meeting](#)
Date: Wednesday, November 13th @ 10:00am-11:00am
Place: Pahokee Elementary

Early Childhood Leadership Collaborative (ECLC) is a group that includes parents, business owners, local child care centers, community agencies, schools and other programs that come together to discuss and set goals to support Kindergarten Readiness. **For more information, please call 561-924-9224.**

Event: [School Advisory Council Meeting](#)
Date: Wednesday, November 20 @ 5:00 am– 10:00am
Place: KEC Elementary School

School Advisory Councils—were created to empower all parents of children attending Palm Beach County Schools to be actively and meaningfully involved in the education of their children. PBCSD Believes that informed and engaged parents are the best advocate for their children to meet the social needs and ensure that their child educational need is balanced.

Event: [PBC Dept. Workshop](#)
Date: Wednesday, November 20 @ 5:00pm-6:00pm
Place: Bridges at Pahokee

The health department is responsible for the states health system, which is aimed at promoting, protecting, and improving the health of all people in the state. Join the PBC Health department in learning about the various resources and services provided by the health department. **For more information call 561-924-9224**

Event: [Virtual Mental Health FIRST AID Training](#)
Date: Wednesday & Friday, November 13th & Nov 15th @ 8:00am-12:00pm
Place: Virtual

Mental Health First Aid teaches you how to recognize, comprehend and react to signs of mental health and substance use problems among adults. The objective of this training is for MH first aiders to complete a 2 day, 8-hour instructor –led online class that will provide you with the skills to interact with a person in crisis. Please contact 561.924.9224.

Event: [Health Equity Focus Group](#)
Date: Monday November 18 @ 5:00pm-6:30pm
Place: Bridges at Pahokee

Join the American Heart Association’s focus group on health equity. By participating in focus groups, individuals can uncover perspectives and ideas that may not be expressed in individual conversations. Our focus in this group will be on specific health inequalities. If you’re interested, please call 561.924.9224

SAFETY WORKSHOP

Event: [Safe Kids Kitchen Safety and Cooking](#)
Date: Thursday, November 14th @ 1:00– 2:00pm ENGLISH

Place: ZOOM / Facebook Live Video

Safe Kids PBC will share helpful information and tips to keep our children safe during Halloween. Learn how to celebrate Halloween safely with your children. We’ll talk about costume safety as well as pedestrian tips to keep your children safe in the Fall when it gets darker earlier. We’ll cover walker safety as well as driver safety to keep our little ones safe. Candy checking, crossing streets, knocking on doors, and more. **For more information, please contact us at 561-924-9224.**

COMMUNITY EVENT

Event: [BINGO Holiday Dinner](#)
Date: Thursday November 21 @ 5:30pm - 7:00pm
Place: Pahokee Marina

B-I-N-G-O Was the game oh! Please come out and join us for a fun game of BINGO that will also teach your child number recognition. We’ll identify the numbers as they call for a chance to win it all! Game boards and chips will be provided by Bridges at Pahokee. **Please RSVP at (561) 924.9224**

