



Blue: Capacity Bldg. Workshops
 Yellow: Parent/Child Activities
 Red: Safety Workshops
 Orange: Literacy
 Green: Community Events



October 2024

at WEST PALM BEACH

Mon	Tue	Wed	Thu	Fri	Sat
	1	2	3	4	5
		House Calls / FAU 6:00pm to 7:00pm Zoom			
7	8	9	10	11	12
My Community Orientation 5:30p to 6:30p Zoom		Father's Only 6:00pm to 7:30pm Community Room SAC Meeting 5:30pm Pleasant City Elementary	Safe Kids 1:00pm to 2:00pm Facebook Live		
14	15	16	17	18	19
CIRCLES 6:00pm to 7:30pm Community Room	Money Talks 6:00pm to 7:00pm Zoom		Woman to Woman 6:00pm to 8:00pm Community Room		
21	22	23	24	25	26
	RMU: Baby Talk 6:00pm to 7:00pm Community Room	Father's Only 6:00pm to 7:30pm Community Room SAC Meeting 5:30pm to 7:00pm Roosevelt Elementary	Literacy Adventure Time 8:00pm to 9:30pm Kravis Center Field Trip *Invitation Only*		
28	29	30	31		
RMU Library Club 6:00pm to 7:00pm Mandel Public Library of West Palm Beach		RMU: Playgroup: Recipe Time 6:00pm to 7:00pm Community Room Halloween Fun Activity 4:00pm to 6:00pm Silver Palms Place Apt.	Happy Halloween		

Domestic Violence Awareness Month

Domestic Violence also called "domestic abuse" is a pattern of behavior in any intimate or close relationship in which some has power and control over another person. It is not only limited to just women, but can include children, relatives and other household members. Domestic Violence Awareness month was first observed in October of 1987 but was not officially designated until October 1989 when U.S. Congress passed Public Law 101-112. People are losing their lives daily to domestic violence. Let work together to end domestic violence. Recognize it, Report it, Prevent it.

BRIDGES
 720 8th Street,
 West Palm Beach, FL
 33401
 561-804-6754

Mon-Thurs 9am to 6 pm
 Friday 9am to 5 pm

Offering parental support and activities for families with children Ages 0 to 8

All activities occur at BRIDGES at West Palm Beach unless otherwise specified.

HIGHLIGHTS

BRIDGES AT WEST PALM BEACH

720 8th Street
West Palm Beach, FL 33401

PARENT/CHILD ACTIVITIES

Event: **RMU Baby Talk**

Date: October 22, 2024

TIME: 6:00pm to 7:00pm

Place: Community Room

Summary: Raise Me Up BABY TALK is for pregnant families and/or having a child 12 months or younger. Various topics for discussion and activities for child development are all a part of this activity. This month we will have a Therapist led discussion on Domestic Violence and all the forms it comes in. In addition, we will be exploring sensory learning activities as a form of development to enhance communication and problem-solving skills in infants. BRIDGES loves to give resources and this activity includes a pack of diapers. See the flyer for further details.

Event: **LITERACY ADVENTURE TIME: Kravis Center Field Trip**

Date: October 24, 2024

Time: 8:00pm to 9:30pm

Place: Kravis Center

Summary: Literacy Adventure Time is for kids of all ages. This month we will be taking a Field Trip to the Kravis Center and be experiencing the music of South Africa with The ND Lovu Youth Choir. They will be performing a mix of traditional South African genres, mixed with pop, rock, jazz and more. This youth choir reached the final of Season 14 on American's Got Talent. This is a by invitation only activity.

Event: **RMU Library Club**

Date: October 28, 2024

TIME: 6:00pm to 7:00pm

Place: Mandel Public Library of West Palm Beach

The Raise Me Up Library Club is for ages 1 to 5 years and is all about fun learning activities in the Youth Library's KidSpace. The Library Club has storytelling, singing, movement and more that will assist with the development of communication and problem-solving skills. See the flyer for further details.

Event: **RMU: Playgroup: Recipe Time**

Date: October 30, 2024

Time: 6:00pm to 7:00pm

Place: Community Room

Summary: The Raise Me Up Playgroup is for ages 1 to 5 years and is all about using group play to learn. This month we will be following a recipe and making a Spider Pie. Your child will be developing communication and problem-solving skills with this fun learning activity. See the flyer for further details.

COMMUNITY EVENTS

Event: **SAC Meeting: Pleasant City Elementary**

Date: October 9, 2024

Time: 5:30pm

Place: Pleasant City Elementary School

Summary: For all our members with children attending Pleasant City Elementary School, come out and join us they will be going over the different things going on at the linkage school

Event: **SAC Meeting: Roosevelt Elementary**

Date: October 23, 2024

Time: 5:30pm to 7:00pm

Place: Roosevelt Elementary School

Summary: For all our members with children attending Roosevelt Elementary School, come out and join us they will be going over the different things going on at the linkage school.

Event: **Halloween Fun Activity**

Date: October 30, 2024

Time: 4:00pm to 6:00pm

Place: Silver Palms Place Apt.

Summary: Come out and enjoy some fun filled Halloween activities.

WORKSHOPS

Event: **HOUSE CALLS WITH FAU–Breast Health & Domestic Violence**

Date: October 2, 2024

Time: 6:00pm to 7:00pm

Place: Zoom

Summary: House calls with FAU- breast health & domestic violence: Join us for a informative discussion on advocating for your yourself with health practitioners. Practicing nurses are available to answer any questions. [In partnership with FAU & Harmony House.](#)

Event: **My Community Orientation**

Date: October 7, 2024

Time: 5:30pm to 6:30pm

Place: Zoom

Summary: This is an awareness workshop for our BRIDGES members about services and local resources available to you. As well as what our partnership with you as a member will look like. You will be orientated to BRIDGES. If you missed the Parent night last month, please try to attend.

Event: **Circles**

Date: October 14, 2024

Time: 6:00pm to 7:30pm

Place: Community Room

Summary: It's time for a fresh start come and join BRIDGES as we learn about a new program that will be coming to our location. Gain information on how you can gain financial freedom, improve your lifestyle and accomplish your goals. [In partnership with Circles pathway to Success](#)



WORKSHOPS

Event: **Fathers Only**

Date: October 9, 23, 2024

Time: 6:00pm to 7:30pm

Place: BRIDGES Community Room

Summary: Fathers group to empower fathers and father figures, to support and engage with children. [Partnership with SICKE CELL FOUNDATION and Project FACT](#)

Event: **SAFE KIDS– Halloween and Pedestrian Safety**

Date: October 10, 2024

Time: 1:00pm to 2:00pm

Place: Facebook Live

Summary: Safe Kids Will be broadcasted via Facebook live. Link and instructions will be posted on the BRIDGES of West Palm Beach Facebook page. BOO! Who loves dressing up or getting their children ready for Halloween? Please join us in learning the different ways and tips on how we can keep our children safe during this holiday season. We will talk about costume safety and ways to make sure little ones are seen while out Trick or Treating. We will also be talking about pedestrian safety tips to keep in mind. Whether your child walks to school, to a friend's house after school or around the neighborhood, little ones need to know the rules of the road for walkers to be safe.

Event: **Money Talk**

Date: October 15, 2024

Time: 6:00pm to 7:00pm

Place: Zoom

- Summary: Money Talk: life insurance: Join us on our financial literacy series where we discuss self sufficient topics such as savings, credit, home owning, and much more. [Partnership with MaryLou Northern YWCA & Primerica.](#)

Event: **WOMAN TO WOMAN**

Date: October 17, 2024

Time: 6:00pm to 8:00pm

Place: BRIDGES at West Palm Beach

Summary: Domestic Violence Awareness Month were inviting everyone to speak up! To spark change, we must talk openly and acknowledge how DV affects our communities, our families, and our lives. We must be Brave! We must see DV! Join our W2W empowerment group for a round table talk. RSVP Only