



OCTOBER 2024



Blue: Capacity Building Workshops  
 Yellow: Parent /Child Activities  
 Orange: Family Literacy Activities  
 Red: Safety Workshops  
 Green: Community Events  
 Purple: Community Outreach Activities



Mon	Tue	Wed	Thu	Fri	Sat
	1	2	3 <u>Domestic Violence with Genesis</u> 6:00pm -7:00pm Carolyn Sims Center <u>Casual Conversation</u> 5:30pm-6:30pm Sara Sims Park	4 <u>First Friday at 5 Concert</u> 5:00pm – 8:00pm Boynton Beach Amphitheater	5
7	8 <u>Sensational Story N' More</u> 10:00am-11:00am Schoolhouse Museum	9 <u>RMU(0-5 years old)</u> 6:00pm - 7:00pm Carolyn Sims Center <u>Storytime w/ Margaret</u> 6:00pm - 6:30pm Carolyn Sims Center	10 <u>Safety Series</u> Halloween & Pedestrian Safety (English) Zoom/FB Live 1:00pm-2:00pm <u>Casual Conversation</u> 5:30pm-6:30pm Sara Sims Park	11	12
14 <u>Pure Joy Baby &amp; Me</u> 6:00pm-7:00pm Carolyn Sims Center	15 <u>RMU(0-5 years old)</u> 6:00pm - 7:00pm Carolyn Sims Center <u>BRIDGES Orientation</u> 7:00pm-7:30pm Carolyn Sims Center	16 <u>Colors and Crafts</u> 6:00pm -7:00pm Facebook	17 <u>Safety Series</u> Halloween and Pedestrian Safety (Creole) Zoom/FB 1:00pm-2:00pm <u>Breast Cancer Education Octavia Health Inc.</u> 6:00pm -7:00pm Carolyn Sims Center	18	19
21	22 <u>Storytime Fun</u> 6:00pm-7:00pm Carolyn Sims Center	23 <u>Domestic Violence Awareness w/ AVDA</u> 6:00pm-7:00pm Carolyn Sims Center	24 <u>Dad's Night Out</u> 6:00pm -7:00pm Carolyn Sims Center <u>Casual Conversation</u> 5:30pm-6:30pm Sara Sims Park	25	26
28	29	30 <u>Book of the Month</u> 6:00pm -7:00pm Facebook	31 <u>St. John's Fall Festival</u> 6:00 pm - 8:30pm SJMBC	Children's Services Council PALM BEACH COUNTY Healthy. Safe. Strong.	<b>BREAK THE SILENCE</b> <b>END THE VIOLENCE</b> <b>TAKE A STAND AGAINST DOMESTIC VIOLENCE</b>

“Heal, Hold & Center”

**OCTOBER IS DOMESTIC VIOLENCE AWARENESS MONTH**

**Halloween and Pedestrian Safety**

**Halloween safety tips for pedestrians**

- Decorate costumes and bags with reflective tape or stickers
- Make sure your child's costume is the right size - to prevent falls and trips
- Make sure drivers see you first, establish eye contact/wave before crossing the street
- Watch for cars turning or pulling out of driveways and don't cross between parked cars
- Accompany children younger than 12 and if your older children are going alone make sure you review the route
- Eliminate distractions, keep your head up, and be alert

Carolyn Sims Center- 225 NW 12th Ave, Boynton Beach 33435

Schoolhouse Museum-129 E Ocean Ave, Boynton Beach 33435

SJMBC- 900 N. Seacrest Blvd, Boynton

**BRIDGES at Boynton Beach**

639 East Ocean Avenue  
Suite 101  
Boynton Beach, FL. 33435

PHONE: 561-903-7743  
FAX# 561-649-9693

MONDAY - FRIDAY  
9:00am - 5:00pm

*We are dedicated to strengthen communities across Palm Beach County by improving outcomes for children and families through education and social services. Our goal is to ensure that our families have what they require to not only survive, but thrive.*

# OCTOBER 2024 HIGHLIGHTS

## HEAL, HOLD & CENTER



### Parent Child Activities

**Event:** [RMU \(0-5 years\): "Matching Time"](#)

**Date:** October 9th, 2024

**Time:** 6:00pm-7:00pm

**Place:** Carolyn Sims Center

**Highlight:** Do these go together or do those go together? During this activity, your child and you will be playing the memory game and matching different items together. We're playing this game to help our children develop problem solving skills.

**Event:** [Colors and Crafts](#)

**Date:** October 16th, 2024

**Time:** 6:00pm-7:00pm

**Place:** Facebook

**Highlight:** Colors, colors, colors. Know your colors! Each week we will focus on one color by using games, music or arts and crafts. This activity will help develop all those motor skills.

**Event:** [RMU \(0-5 years\): "Game Time"](#)

**Date:** October 15th, 2024

**Time:** 6:00pm-7:00pm

**Place:** Carolyn Sims Center

**Highlight:** Get ready to play some games. For this activity the parent and child will play different games that will help develop ability to regulate one's body.

### Family Literacy

**Event:** [Sensational Story N' More](#)

**Date:** October 8th, 2024

**Time:** 10:00am-11:00am

**Place:** Schoolhouse Museum

**Highlight:** Children's books are brought to life through an interactive reading and an art activity. Children will have the opportunity to illustrate the story in their own unique way! **In partnership with Schoolhouse Museum**

**Event:** [Book of the Month](#)

**Date:** October 30th, 2024

**Time:** 6:00pm -7:00pm

**Place:** Facebook

**Highlight:** Join us as we read our book of the month.

**Event:** [Storytime with Margaret](#)

**Date:** October 9th, 2024

**Time:** 6:00pm- 6:30pm

**Place:** Carolyn Sims Center

**Highlight:** Join us for reading fun with Ms. Margaret.

**In partnership with Boynton Beach Mental Health Committee**

**Event:** [Storytime Fun](#)

**Date:** October 22nd, 2024

**Time:** 6:00pm -7:00pm

**Place:** Carolyn Sims Center

**Highlight:** Join us for reading fun as we read a book and bring it to life.

## Capacity Building

**Event:** [Domestic Violence w/ Genesis](#)

**Date:** October 3rd, 2024

**Time:** 6:00pm-7:00pm

**Place:** Carolyn Sims Center

**Highlights:** This month we will learn about Suicide Awareness. **In partnership with Genesis Community Health.**

**Event:** [Pure Joy Baby & Me](#)

**Date:** October 14th, 2024

**Time:** 6:00pm-7:00pm

**Place:** Carolyn Sims Center

**Highlights:** Come and join other new mothers to celebrate motherhood and all that it means. For pregnant families and with children 12 months or under. **In partnership with Women's Health Initiative Program (W.H.I.N.)**

**Event:** [Breast Cancer Education w/ Octavia Health Inc.](#)

**Date:** October 17th, 2024

**Time:** 6:00pm-7:00pm

**Place:** Carolyn Sims Center

**Highlights:** Join us as we educate families about prevention and give resources on health topics. **In partnership with Octavia Health Inc.**

**Event:** [BRIDGES Orientation](#)

**Date:** October 15th, 2024

**Time:** 7:00pm-7:30pm

**Place:** Carolyn Sims Center

**Highlight:** Are you a new BRIDGES member or just need a refresher? If so, this meeting is for you! Join us and be introduced to the BRIDGES staff, their roles and what BRIDGES has to offer its members and families.

**Event:** [Dad's Night Out](#)

**Date:** October 24th, 2024

**Time:** 6:00pm-7:00pm

**Place:** Carolyn Sims Center

**Highlight:** Dads, it's your turn to have a night out! It's your opportunity to share what's on your mind with other dads. This is your chance to unload, unwind and have some fun at the same time!

**Event:** [Domestic Violence Awareness w/ AVDA](#)

**Date:** Tuesday, October 10th

**Time:** 6:00pm-7:00pm

**Place:** Carolyn Sims Center

**Highlight:** Join us for a discussion about Domestic Violence. A guest speaker from AVDA will inform members about DV Awareness.



**DON'T LET TREATS TRICK YOU OUT OF STAYING SAFE THIS HALLOWEEN**

## Capacity Building



### Safety Series

**Event:** [Safety Series: "Halloween & Pedestrian Safety"](#)

**Date:** October 10th ( English) & 17th (Creole), 2024

**Time:** 1:00pm-2:00pm

**Place:** Zoom/FB Live

**Highlight:** BOO! Who loves dressing up or getting their children ready for Halloween? Please join us in learning the different ways and tips on how we can keep our children safe during this holiday season. We will talk about costume safety and ways to make sure little ones are seen while out Trick or Treating. We will also be talking about pedestrian safety tips to keep in mind. Whether your child walks to school, to a friend's house after school or around the neighborhood, little ones need to know the rules of the road for walkers to be safe. **In partnership with Safe Kids PBC.**

### Community Event

**Event:** [Casual Conversation](#)

**Date:** Every Thursday Evening

**Time:** 5:30pm-6:30pm

**Place:** Sara Sims Park

**Highlight:** What's going on? Let's talk about what's happening in our community!

**Event:** [St. John's Fall Festival](#)

**Date:** October 31st 2024

**Time:** 6:00pm-8:30pm

**Place:** SJMBC

**Highlight:** Please join us for a night out with the family! Free food, games, candy, and activities for everyone.

### Community Outreach Activity

**Event:** [First Friday at 5 Concert](#)

**Date:** October 4th, 2024

**Time:** 5:00pm – 8:00pm

**Place:** Boynton Beach Amphitheater

**Highlight:** The City offers a free monthly concert series, First Friday at 5, at Centennial Park + Amphitheater in Downtown Boynton. Concerts will take place from 5 pm – 8 pm on the first Friday of each month.

