

October 2024



Blue: Capacity Bldg. Workshops
 Yellow: Parent/Child Activities
 Red: Safety Workshops
 Orange: Family Literacy
 Green: Community Events
 Black- Other



Mon	Tue	Wed	Thu	Fri	Sat
	1	2 <u>SAC/Pastelitos w/the Principal</u> 8:15am—9am	3 NO SCHOOL <u>Safety Series</u> "Halloween & Pedestrian Safety" 1pm- 2pm <u>Domestic Violence Awareness Workshop</u> 5:30pm—6:30pm	4 <u>Spanish Literacy</u> 10:30am—12pm	5 <u>Hispanic Heritage Month</u> 12pm -3pm
7	8	9 <u>International Walk to School Day</u> <u>Story Time</u> 10:30am—11:30am	10 <u>Safety Series</u> "Halloween & Pedestrian Safety" 1pm-2pm	11 <u>Spanish Literacy</u> 10:30am—12pm	12 <u>Copa Unida</u> 12pm—5pm
14 NO SCHOOL	15	16 <u>Raise Me Up "Face to Face" Food Play</u> 4pm—5pm	17 <u>Safety Series</u> "Halloween & Pedestrian Safety" 1pm- 2pm <u>Community Immunization</u> 8am—12pm	18 <u>Spanish Literacy</u> 10:30am—12pm	19 <u>Family Activity</u> " <u>Day of the Dead Catrinas</u> " 10am—11:30am
21	22	23 <u>Raise Me Up "Pass the Ice Cream"</u> 4pm- 5pm	24 <u>Women's Club</u> "Pumpkin Decorating Contest" 11am—12:30pm	25 <u>Spanish Literacy</u> 10:30am—12pm <u>Scream Trunk or Treat Event</u> 6pm—9pm	26
28 <u>Padres Exitosos</u> 5:30pm—6:30pm	29	30	31 		

BRIDGES At Highland
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MONDAY - FRIDAY
 8:00am - 5:00pm

www.bridgesofpbc.org
Facebook at BRIDGES Highland

OCTOBER IS DOMESTIC VIOLENCE AWARENESS MONTH

4,774,000 Women experience physical violence by an intimate partner every year.

1 IN 3 WOMEN 1 IN 4 MEN Have been physically abused by an intimate partner.

20 PER MINUTE In the United States, an average of 20 people are physically abused by intimate partners every minute; that is more than 10 million abuse victims annually.

10 MILLION Kids are exposed to domestic violence each year, 90% of those are eyewitnesses to the abuse.

25% The percentage of physical assaults perpetrated against women that are reported to the police annually.

Get it first! Domestic violence-related death rates to fall and the number of survivors seeking safety increased by age, especially for 18-24 year olds. Adapted from: Alameda.

2024 HIGHLIGHTS

MONTHLY THEME

“Heal, Hold and Center”

PARENT CHILD ACTIVITY

Event: RAISE ME UP “Face to Face” Food Play
Date: October 16, 2024 @ 4pm—5pm
Place: BRIDGES 305 Lake Ave, Lake Worth Beach FI 33460

It's time to talk about food. You and your child will make faces with food while the two of you talk about colors, shapes, textures, smells and different parts of the face. This is one of the few times in life that playing with food is allowed. Come and join us.

Sponsored by Child Development Specialist

Event: Family Activity “Day of the Dead Catrinas”
Date: October 19, 2024 @ 10am—11:30am
Place: BRIDGES 305 Lake Ave, Lake Worth Beach FI 33460

Families will work together to create mini Catrinas using Mexican fabric, foam body, flowers, and markers for facial details.

Arts in My Backyard Cultural Council (Jose Mendez)

Event: RAISE ME UP “ Pass the Ice Cream”
Date: October 23, 2024 @ 4pm—5pm
Place: BRIDGES 305 Lake Ave, Lake Worth FI 33460

We all scream for ice cream! During this parent child activity, children will make their own ice cream. This activity will focus on teaching children how to share and how to take turns.

Sponsored by Child Development Specialist

FAMILY LITERACY

Event: Story Time
Date: October 9, 2024 @ 10:30am—11:30am
Place: BRIDGES 305 Lake Ave, Lake Worth FI 33460

The BRIDGES would like for you to join us with your children to enjoy this fun Story Time presented by Lake Worth Library

Sponsored by Lake Worth Library

WORKSHOPS

Event: SAC/PAC & Pastellitos with the Principal
Date: October 2, 2024 @ 8:15am—9:00am
Place: 500 Highland Ave, Lake Worth Beach FI 33460
Highland Elementary

These meetings primary purpose is to review relevant data, identify problem areas, develop improvement strategies, and monitor their implementation.

Sponsored by Highland Elementary

Event: Domestic Violence Awareness Workshop
Date: October 3, 2024 @ 5:30pm—6:30pm
Place: BRIDGES 305 Lake Ave, Lake Worth Beach FI 33460

Please join us for this workshop about Domestic Violence Awareness, We will be discussing about the essential aspect of raising awareness about domestic violence.

Sponsored by AVDA

Event: Spanish Literacy
Date: October 4, 11, 18 , and 25, 2024 @ 10:30am—12pm
Place: BRIDGES 305 Lake Ave , Lake Worth Beach FI 33460

Parent Leaders come together to teach members the basics of reading and writing Spanish.

Sponsored by BRIDGES Ambassador

Event: Women's Club "Pumpkin Decorating Contest"
Date: October 24, 2024 @ 11am—12:30pm
Place: BRIDGES 305 Lake Ave, Lake Worth FI 33460

Come join us for this fun Women's Club workshop decorating contest. We will be decorating and painting pumpkins and then have a contest.

Sponsored by Miriam Maldonado

Event: Padres Exitosos “Comprendiendo la Mayor Necesidad de los Hijos”
Date: October 28, 2024 @ 5:30pm—6:30pm
Place: BRIDGES 305 Lake Ave, Lake Worth FI 33460

Come join us for this Father's engagement group where they will be discussing understanding the major necessities of our children.

Sponsored by Angel Jimenez

SAFETY WORKSHOP

SAFETY WORKSHOP “Halloween and Pedestrian Safety”
Sponsored by Safe Kids of PBC (VIA ZOOM)

Date: October 3, 2024 @ 1pm—2pm Spanish

Date: October 10, 2024 @ 1pm—2pm English

Date: October 17, 2024 @ 1pm—2pm Creole

BOO! Who loves dressing up or getting their children ready for Halloween? Please join us in learning the different ways and tips on how we can keep our children safe during this holiday season. We will talk about costume safety and ways to make sure little ones are seen while out Trick or Treating.

We will also be talking about pedestrian safety tips to keep in mind. Whether your child walks to school, to la friends' house after school or around the neighborhood, little one need to know the rules of the road for walkers to be safe

COMMUNITY EVENT

Event: Hispanic Heritage Month
Date: October 5, 2024 @ 12pm—3pm
Place: 500 Highland Ave, Lake Worth Beach FI 33460
Join us as we celebrate with bounce house, carnival, carnival foods, local school dance & clubs country showcase and more!
Sponsored by Highland Elementary

Event: Copa Unida
Date: October 12, 2024 @ 12pm—5pm
Place: 2520 Lake Worth Rd, Lake Worth Beach FI 33460 John Prince
Get ready for an electrifying soccer showdown that promises to be an amazing experience for all fans. Come watch as PISO F.C defends their crown against Las Agullas del BRIDGES. These two team will battle it out for bragging rights.
Sponsored by PISO

Event: Community Immunization
Date: October 17, 2024 @ 8am—12pm
Place: 709 North F St, Lake Worth Beach FI 33460
Palm Beach Health Department comes out every third Thursday of the month to provide families with the necessary immunizations their children need. Free immunizations for children.
Sponsored by Palm Beach Health Department

Event: El Festival Familiar
Date: October 19, 2024 @ 2pm—7pm
Place: John Prince Park, Lake Worth FI 33460
Join us for this fun family activity completely free, with music, different Hispanic foods, games for the children & much more!
Sponsored by Hispanos Unidos

Event: Scream Trunk a Treat Event
Date: October 25, 2024 @ 6pm—9pm
Place: John Prince Park, Lake Worth FI 33460
Bring your little ghouls and goblins for an evening of safe trick or treating, family friendly fun, and a lot of candy.
Sponsored by the City of Lake Worth Beach